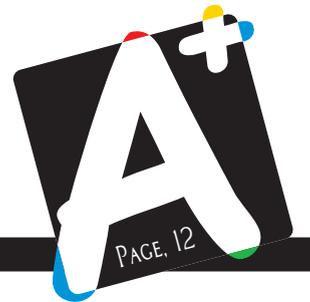


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# Mount Vernon Gazette



MOUNT VERNON'S HOMETOWN NEWSPAPER • A CONNECTION NEWSPAPER SEPTEMBER 19, 2019

## Local Civil War Story Told by Don Hakenson

Civil War history told for the Mount Vernon Regional Historical Society.

By GERALD A. FILL  
THE GAZETTE

An expanding group of dedicated Mount Vernon and Lee District residents are about to complete the necessary Articles of Incorporation and filing in order to form a Regional Historical Society to promote and preserve the history of Mount Vernon and Lee District and their Civil War experiences. The idea is that in order to preserve the history of the Civil War and other history of significance, a history organization at the grassroots level has the best chance to stand the test of time.

A Fairfax County History Commission already exists. This new organization would concentrate on activities in the Mount Vernon and Lee Districts.

The Sept. 5 meeting and Civil War presentation at the Mount Vernon Governmental Center by civil war storyteller Don Hakenson and his associates is an important step toward accomplishing that long range goal. Hakenson has conducted Mosby & Fairfax County Civil War bus tours for the Stuart-Mosby Historical Society; the Franconia Museum; and other Civil War related organizations inside and outside of the State of Virginia.

Last week approximately 50 local residents in southeast Fairfax county gathered together to listen to Civil War History storyteller Don Hakenson, an award winning (Nan Netherton Award for Fairfax County History) native of the area



Sally Lyons and Glenn Fatzinger.



Civil War storyteller Don Hakenson.

PHOTOS BY GERALD A. FILL/THE GAZETTE

and direct descendent of Civil War soldiers.

Hakenson brought to life his knowledge of the area and civil war details by recounting in passionate great detail Civil War actions to protect against Confederate military efforts to attack and overwhelm Union positions in and around Alexandria and Washington, DC.

For two hours Hakenson captured the imagination of the attendees as they listened to his telling, extemporaneously, of story after story about the Civil War actions of Union troops assigned to protect the nation's capital. As he tells it, President Lincoln's assignment of troops in the Northern Virginia area and around Alexandria prevented the Confederate troops from overwhelming the Union troops.

What follows are his response to questions at the meeting.

**Question:**

Why is it important to form the Mt Vernon and Lee History organization?

**Answer:** It is important to understand and have an



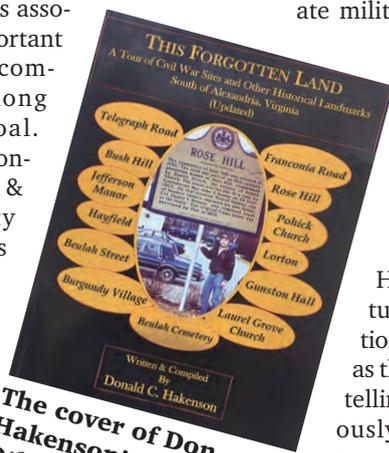
Don Hakenson

appreciation for the role the Civil War played in the creation of our Nation and the sacrifices endured by those who fought and died for a cause they believed in. Mount Vernon was the home of our first President, George Washington, Lord Fairfax, and George Mason. The lives of these men alone have much to say about their role in creating our nation.

**Question:** Briefly describe local stories about the Civil War.

**Answer:** John Burke, the spy with the glass eye because he lost his eye in his youth in an accident. He earned recognition for warning and saving the life of Colonel Wade Hampton at Potters Hill (where Wegman's is now located) in early January, 1862. Hampton

SEE CIVIL WAR, PAGE 7



The cover of Don Hakenson's book. Other books he authored are available on Amazon.com

## Four Score and Seven Years... Well, Almost Four Years Ago Today

BY SUPERVISOR DAN STORCK

When you elected me Mount Vernon District Supervisor almost four years ago, I made many commitments to the people who live, work, learn and play in this awesome, diverse, thriving community we call home. We have much to celebrate in the Mount Vernon District (MVD) from our history and heritage, to our arts, parks, schools and employment opportunities. Today, I am reporting on what my team (TEAM MVD) and I have done, particularly over the last year, to keep these promises to

you.

**Community engagement** has been a high priority of mine and we continue to look for ways to increase our communications with you. You can find out about a wide variety of topics and happenings in the MVD and the

County by subscribing to our newsletters, checking our website, following us on Facebook and Twitter, and by signing up for your neighborhood Nextdoor social network. We also get out into the community almost daily to meet

SEE STORCK, PAGE 8

9/20/19  
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McEneaney Associates has always had one motto in mind... not to be the biggest, but the best. This year marks our 40th year in Alexandria, and we are celebrating our investment in helping to build our town into the thriving community it is today. To learn more about our Associates and our firm, visit [www.WeAreAlexandria.com](http://www.WeAreAlexandria.com)



## #WeAreAlexandria



### Old Town | \$4,300,000

This gracious brick, free-standing, five-bedroom home sits on a triple lot, one of which is buildable. Built in 1812 and renovated in the 1850s to add Victorian details, including a Mansard roof, it is surrounded by formal gardens with growing beds, mature evergreens, boxwood, hellebore and hydrangea and roses. This home is one of Old Town's finest offering exquisite moldings, gleaming hardwoods, six fireplaces, 11-foot ceilings, a family room addition and serene gardens. An original carriage house tucked into the rear garden is equipped with a full kitchen and bath. With its own entrance and French doors that open onto the garden, it provides a private retreat that can be used as a guest suite, office or artist's studio. This special residence, rare in the size of its grounds, is located in the desirable Southeast quadrant with off-street parking for three cars.

**Colleen Coopersmith 703.338.2930 | [www.ColleenCoopersmith.com](http://www.ColleenCoopersmith.com)**

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### Belle Haven | \$1,485,000

Modern design meets historical architecture to include \$200K in gorgeous renovations. 4-bedroom, 3.5-bath, brick Georgian-style home in prestigious community. Gorgeous master suite, walk-in CA closets, hardwood floors throughout, finished lower level, & 2-car garage.

**Susan Craft 703.216.4501**

**[www.SusanCraft.com](http://www.SusanCraft.com)**



OPEN SUN 9/22, 2-4

### Alexandria | \$1,300,000

This classic 4-bedroom, 3.5-bath home has been thoughtfully updated & expanded. Main level living areas include the gourmet kitchen & bright sunroom. A private gardener's paradise with a charming pergola. 912 W Braddock Road

**Mason Montague Bavin 703.338.6007**

**[www.MasonBavin.com](http://www.MasonBavin.com)**



OPEN SUN 9/22, 2-4

### Belle Haven | \$899,000

Charming indoors and out! 4-bedroom, 3-bath home with white quartz kitchen. Updated baths and great open floor plan. Exemplary screened great room and extensive hardscape for the outdoor fire pit! Private, beautiful street! 6208 Foxcroft Road

**Janet Caterson Price 703.622.5984**

**Heidi Burkhardt 703.217.6009**



### Alexandria | \$699,000

Exquisitely renovated home with breathtaking landscaping. 4 bedrooms, 4 baths. Natural light abounds thanks to the open layout and beautiful windows. Two sets of French doors in dining room open to deck and patio.

**Kim Fazio 703.244.3889**

**[www.KimFazio.com](http://www.KimFazio.com)**



OPEN SUN 9/22, 2-4

### Saint Marks | \$589,900

Old fashioned charm in this Williamsburg Colonial in enclave of ten enchanting homes on cul-de-sac. Sun-filled 2-level on 1/4 acre fenced lot. 4 bedrooms plus a study and 2.5 baths. Main level master bedroom suite. [www.HayesWoodHomes.com](http://www.HayesWoodHomes.com). 6616 Saint Mark Court

**Gordon Wood 703.447.6138**

**Chris Hayes 703.944.7737**



OPEN SUN 9/22, 2-4

### Alexandria | \$847,500

Dramatic & expansive contemporary home in a quiet enclave moments from King St Metro. 5 bedrooms, 3 full baths, 2-car garage parking with 2 additional driveway spaces. Double French doors lead to magnificent patio backing to park setting. 1709 Maple Hill Place

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# NEWS

## Healthcare Facilities Stand Out in Mount Vernon

Hospital officials from Army and INOVA represented at chamber meeting.

BY MIKE SALMON  
THE CONNECTION

There are two giants in the healthcare industry located in the Mount Vernon area, and those are in the form of Inova Mount Vernon Hospital and the Fort Belvoir Hospital. The positive impacts of these two centers was highlighted at the recent Mount Vernon-Lee Chamber of Commerce meeting held at Belle Haven Country Club.

"The focus of what we do is the patient," said Dr. Joseph Pina, a 30-year Army veteran that is now leading the efforts at Inova Mount Vernon. Pina was joined by Dr. Rick Repeta, the leader at the Fort Belvoir Hospital and a resident of Mount Vernon.

The large facility at Fort Belvoir has now been open eight years, and has a number of components including an emergency room, to address any kind of medical emergency. Technological advances are a big part of the treatments there, as Repeta noted on one of his slides that showed the robotics in the operating room. "We do have a Da Vinci Robot there," he said.

The wounded warrior program at Fort Belvoir addresses combat wounded patients and also the long term veteran recovery programs for those with PTSD.

Belvoir's facility was built with LEED principles and has earned a LEED Gold level certification. "We're very proud of that," Repeta said. "Inspired By Nature" is a for-



Mount Vernon hospital CEO Dr. Joseph Pina.

mula they've followed in the construction there, which includes a multitude of glass to let in natural light, an element that aids recovery, he said.

"The military has so much invested in this region; it is really something to speak of," said Pina.

Inova hospital network is moving forward in the modern healthcare arena. That starts with Dr. Stephen Jones, a relatively new CEO, and the \$150 million Schar Cancer Center in Fairfax, which was built in the former Exxon-Mobil facility on Gallows Road.

"A lot of exciting stuff is going on there," said Pina. At Mount Vernon, they special-



Supervisor Storck talks to Dr. Rick Repeta.

ize in hip and knee replacements.

In the south county area there is the new MRI facility at the Lorton Healthplex, which is right off I-95 in that area. It's a "stand alone emergency department," Pina said.

In attendance at the breakfast presentation was Delegate Paul Krizek (D-44), Supervisor Dan Storck (D-Mount Vernon), representatives from Lee District, and a representative from U.S. Rep. Don Beyer's (D-VA) office.

Mount Vernon is rich in elements that create a strong community, and these hospitals are part of it, Storck noted, pointing out tourism, healthcare and federal employ-

ees living in the district impacts. "These are largely important to the Mount Vernon economic health," Storck said.

In the near future, the military hospital system is going through a change, moving all the hospitals from the umbrella group to become the "defense health agency," Repeta said. "It will encourage standardization across the board," he added. Readiness continues to be their concentration, he added.

To conclude the chamber event, new chamber members were introduced as well, and that includes E1 Asset Management, Britepaths, Curves of Alexandria and New York Life.

PHOTOS BY MIKE SALMON/THE CONNECTION



Mount Vernon At Home executive director Susan Deller, right, with village members Guin Jones, Morrie Hoven and Virginia Hodgkinson at the organization's Sept. 11 Community Workshop at Mount Vernon Country Club.



Mount Vernon At Home executive director Susan Deller speaks with attendee Robert McLean at the organization's Sept. 11 educational workshop at Mount Vernon Country Club.

PHOTOS BY JANET BARNETT  
THE GAZETTE



Dr. Vivek Sinah, left, with Belle View Medical Partners staff Karen Akers and Ann Swindell at the Mount Vernon At Home Community Workshop Sept. 11 at Mount Vernon Country Club.

## It Takes a Village Mount Vernon At Home hosts community workshop.

BY JEANNE THEISMANN  
THE GAZETTE

Mount Vernon At Home, part of the nationwide network of aging-in-place communities, hosted a community workshop and educational luncheon Sept. 11 at Mount Vernon

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Country Club.

Sponsored by Synergy Home Care, Brandywine Living at Alexandria and Mount Vernon Health Care Center, the program featured presentations by Dr. Vivek Sinah and John Norce of MedicarePortal as well as vendor exhibits and door prizes.

Founded in 2007, Mount Vernon At Home

provides membership-based services of volunteer support for those seeking to age in place. The organization has grown to include 160 members and 70 volunteers and offers an array of social, cultural and educational activities, services and events.

Started in 1999 with Beacon Hill Village in Boston, the village concept has grown to

include more than 230 villages nationwide.

Mount Vernon At Home offers concierge services by connecting its members to the programs, events and resources needed to maintain and support a vibrant and independent lifestyle for older adults.

For more information, visit [www.mountvernonathome.org](http://www.mountvernonathome.org).

MOUNT VERNON GAZETTE ♦ SEPTEMBER 19-25, 2019 ♦ 3

## Do You "Village"?



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PHOTO CONTRIBUTED

**Just Neighbors provides legal assistance to low-income immigrants and refugees.**

# Just Neighbors Birthday Party Keeps the Light Shining

BY SHIRLEY RUHE  
THE GAZETTE

Lady Liberty will raise her torch in Alexandria as a beacon of welcome for the Just Neighbors birthday party on Saturday, Oct. 12 from 6-9 p.m. It will be held at The Garden at 5380 Eisenhower Avenue in Alexandria in support of legal services for low-income immigrants and refugees.

The international theme of the evening ranges from silent auction travel packages as far away as Kenya to an international spread of appetizers as well as beer and wine. Or if you'd like to stay closer to home, you could travel to Virginia Beach or celebrate with tickets to the Beaujolais and Beyond Celebration 2019.

While you browse the auction items and have just one more stuffed grape leaf, you can leave the little ones next door at Scramble where childcare will be provided for \$12.50 per child.

The evening will also honor Anne Ledyard, the first recipient of the Just Neighbors Torchbearer Award, for her commitment in keeping the light shining for immigrant and refugee neighbors. Ledyard is a long-

time volunteer and former board member. Her 32 years career as a teacher, mostly in the Arlington Public School system brought her into contact with many undocumented students.

"I learned how these students' families, who had the least resources, had to pay fees for protracted legal services in an attempt to gain legal status. Many of these students and their families were fleeing wars or other dangerous issues in their home country and were coming here to live in the safety that most of us take for granted. My connection with Just Neighbors came out of that personal background."

Genesis Lazo, Development Associate says they are hoping to raise \$10,000 to use for helping ten more families. "Every time we can help one more family, we are helping our entire community be successful."

Just Neighbors provides immigration legal services to low-income immigrants and refugees in Virginia, especially those who are the most vulnerable. It has provided services to thousands of low-income immigrants in Virginia for over 23 years. Over 50 percent of their clients are from Fairfax with others from Alexandria City, Arlington, Falls Church City, Loudoun, Manassas City and Prince William.

## C'MON, BE HONEST. WHAT WOULD YOU RATHER BE DOING THIS SUMMER?



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PHOTOS BY TOM MANNING/THE CONNECTION

The Fairfax County Police Unified Team 2 pulls an 82-ton FedEx Airbus A320.

# Dulles Day Festival, Plane Pull Attract Crowds

The 27<sup>th</sup> annual Dulles Day Festival and Plane Pull was held at Washington Dulles International Airport on Sept. 14. The event, presented by the Metropolitan Washington Airports Authority and United Airlines, has raised more than \$2 million for the Special Olympics of Virginia since it began in 1992. This year, 59 teams from all over competed to see how fast they could pull a FedEx Airbus A320 or a United Boeing 757 airplane 12 feet. The Chesapeake Sheriff's Office won for the twelfth consecutive year in 4.95 seconds, beating the team from the Fairfax County Sheriff's Office by just .01 seconds.



The OrthoVirginia team was made up of employees and family from their many Northern Virginia offices, including Arlington, Alexandria, Burke, Fairfax, Fair Oaks, Herndon, McLean, Reston, Springfield and Tysons.



JoJo Shannon, 7, from Springfield, enjoys the view from his dad Joe's shoulders after just pulling for Reston-based Octo Consulting.



Team MTSI #2, uses all their strength to pull a United Boeing 757 airplane. MTSI is headquartered in Alexandria.



The Fairfax County Police Unified Team 2 poses for a group photo.



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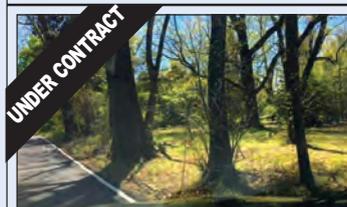
**Alex/Mt. Zephyr \$487,500**  
**8541 Mt. Zephyr Dr.**  
 Great price for this lovely two level solid all-brick home with garage on 1/3 acre in Mt. Vernon community. 3 Bedrooms, 2 Baths. Renovated eat-in kitchen, spacious and open, with sliding glass doors to private backyard. Charming front living room with ample windows, and wood burning fireplace with white, colonial style mantel. Spacious lower level has finished family room w/ 2nd fireplace and a bonus workroom. Conveniently located near Ft. Belvoir (10 mins), GW Parkway and Potomac River, Old Town Alexandria, Pentagon, and D.C.



**Alex/Oxford \$1,149,900**  
**4201 Kimbrelee Court**  
 Spectacular all-brick colonial home w/2 car garage on a cul-de-sac in exclusive Mt. Vernon water front community of Oxford. Partial water views and a beautiful multi-tiered deck. Five bedrooms & 4.5 baths. Grand 2 story foyer entryway. Large eat-in kitchen w/numerous upgrades & double butler pantry. Formal living & dining rooms. Family room off kitchen w/brick fireplace. Library on main level w/built-in bookcases. 4 bedrooms & 3 baths on upper level, huge master suite w/large luxurious bath. Fully finished lower level w/5th bedroom & full bath, exercise, tv, & game rooms. Newly refinished hardwood floors. Recent updates include new roof (2019), new windows (2019), new deck (2018) High-end kitchen appliances (Wolf double oven; Subzero refrigerator). Main & lower level HVAC replace 2016. Backyard fence ('16). It's a wonderful home!



**Alex/Wessynton \$549,900**  
**3102 Cunningham Drive**  
 Investors or Homeowners who want to build sweat equity: here it is! Solid bones but needs a total make over. Popular model (The Meadow) in sought after water oriented Wessynton community of contemporary homes. 4 bedrooms, 3 Baths, large kitchen, separate dining room, living room with fireplace. Master suite. Family Room w/fireplace. Lots of storage and workspace in basement. Amenities include tennis courts, community swimming pool, walking paths, and boat ramp on Little Hunting Creek which flows to the Potomac River. A half mile to Mount Vernon Estate and the George Washington Parkway.



**Alex/Engleside \$1,300,000**  
**8734 Lukens Lane**  
 4.128 acres zones R-2 for sale. There are 2 lots: 4/0 acres w/house (Tax Map 1101 01 0043) and .128 acre vacant land (1101 01 0043A). House on Property sold "AS IS" and NO ACCESS given or allowed. Land Value only. Water, sewer, gas, electricity available. This land is adjacent to the houses on Halley Farm Ct. which were built in the 2010-2011 time frame.



**Alex/Riverside Estates \$583,000**  
**8318 Cherry Valley Lane**  
 Popular updated "B" model Colonial w/4BRs, 2.5BAs, 2 gas FPLs & a single car garage, all on a beautifully landscaped lot. Numerous updates: refinished hardwood floors on main & upper levels, freshly painted interior, double pane windows & a delightful screened porch overlooking a beautiful bkyd. Family rm on main level w/a gas FPL & a 2nd gas FPL in the finished basement. 10 mins to Ft. Belvoir- 30 mins to Nat'l Airport. This market is hot so come on over & take a look.



**Alex/Riverside Estates \$629,900**  
**3120 Little Creek Lane**  
 This is the Yorkshire everyone has been waiting for...Stunning & beautifully updated 4BR, 2.5BA Colonial w/2 car garage and spectacular yard backing to the woods. Roof, gutters, & HVAC 2019, HWH 2015, updated kitchen & baths w/ceramic, granite, & SS. Beautifully refinished hdwd floors on main & upper levels, freshly painted interior & new carpet in finished lower level. 5 minutes to Ft. Belvoir, 15 minutes to Alexandria, Old Town, 28 mins to National Airport & 30 minutes to the Pentagon! This is a gem!!



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# Local Civil War Story

FROM PAGE 1

eventually became a Lt General. But without the warning of John Burke would have likely been captured and killed on Telegraph Road in Fairfax County.

Another favorite story is the Rose Hill Raid where John Mosby (the Gray Ghost) captured Colonel Daniel Dulany, the aide of Union Governor of Virginia Francis Pierpont. With Mosby was a Ranger named French Dulany.

French was the son of Col Dulany. Instead of brother against brother you have father against son. French Dulaney helped the notorious John Mosby capture his own father.”

### More comments by Don Hakenson on the War locally:

Close penetration of Confederate troops into Alexandria occurred on June 30, 1862, before the first Battle of Manassas. Burgundy Village in Fairfax County is hallowed ground where Union and Confederate troops lost their lives. Mount Vernon and Lee District Union troops hosted a string of forts ordered by President Lincoln to protect the Nation’s capital. the troops did such a great job that the Capital never faced a direct enemy attack.

**Question:** What lessons about Civil War history would you would like to pass on to our readers?

**Answer:** It is extremely important to teach history lessons to ensure that we as a people and country don’t repeat mistakes.

Creating the Historical Society at the local level

## Mount Vernon Regional Historical Society

- The Mission:
- ❖ Educate local citizens
  - ❖ Support the discovery, designation, preservation, and restoration of historic and archeological sites.
  - ❖ Promote the recording of oral histories, and the conservation and protection of documentary and photographic materials, and
  - ❖ Support the development of enlightened public policies and the diffusion of knowledge relating to the long history of one of the most important and influential areas of Virginia and the nation.

Co-Chairs: Glenn Fatzinger & Sallie Lyons; Secretary: Tamara Mannarino  
 Board Members: Ron Chase; Glenn Fatzinger; Kevin Green; Sallie Lyons; Tamara Mannarino  
 Contact : mountvernonregionalhistory@gmail.com

will help us to preserve history and hopefully avoid costly mistakes. Not many people realize that 60 percent of the Civil War was fought in Virginia. It has become a hotbed of Civil War history. We are only minutes or hours from the site of significant Civil War events.

During the American Civil War over 620,000 Americans lost their lives during four of the most tragic years in American history.

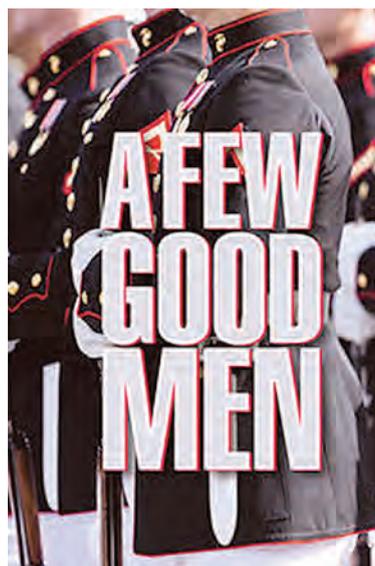
More recently some history buffs believe that perhaps almost 750,000 died in that war. In my judgment we should ensure that future generations study every aspect of why it started, why both sides fought so hard, and the political and military implications faced by leaders on both sides.

## PUBLIC NOTICE

Please be advised that a brief fireworks display will take place as part of a private event at George Washington’s Mount Vernon on the following date:  
 Saturday, September 21,  
 between 9:15 p.m. and 9:45 p.m. (5 minutes).

The Mount Vernon Ladies’ Association thanks you for your tolerance and apologizes for any disruption. To receive Mount Vernon fireworks notifications via e-mail, write to [Events@MountVernon.org](mailto:Events@MountVernon.org)

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# Four Score and Seven Years...

FROM PAGE 1

you, including attending Homeowners Association, civic group, religious group, chamber and public meetings. Each year, we host the annual Mount Vernon Town Meeting and send a work summary mailer to every household, as well as organizing many other community events. Check out our website for upcoming events and hope to see you there.

On the **transportation** front, Bus Rapid Transit (BRT) is coming to the Richmond Highway Corridor. Combined with the continued widening of Richmond Highway, the BRT will increase transit options, take more cars off the road and improve motor, pedestrian and bike safety along the Corridor. We are working with the National Park Service and Congressman Don Beyers' office to improve safety on the George Washington Parkway through a new study. In many communities, we continue to work to add sidewalks and trails for safety and to improve neighborhood streets, whether it is roadway restriping for bikeways or initiating traffic calming studies to determine how



Mount Vernon district team.

to improve residential street safety.

Everyone knows Fairfax County has an excellent primary and secondary **school system**, and college opportunities abound. Providing new lifetime learning opportunities and revitalizing Original Mount Vernon High School (OMVHS) are priorities of mine. Opening OMVHS for senior and teen activities, as well as a school registration office are just the first steps. The master planning continues for future uses at OMVHS, with a major goal of providing additional educational and busi-

ness incubator opportunities. Our partnership with Fairfax County Public Schools (FCPS) and the Northern Virginia Community College (NVCC) to develop educational and career certification programs at OMVHS is greatly advancing this goal and will position the local labor force to compete for Amazon HQ2 jobs, as well as keep and draw young, high-tech workers to the MVD.

Many initiatives are underway to increase **economic development** in the MVD. Planning con  
SEE STORCK, PAGE 9

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Alexandria, VA





**Artemis House Region 1 Domestic Violence Shelter Ribbon Cutting.**

FROM PAGE 8

tinues for Embark Richmond Highway which will bring a multimodal future to the Corridor, encouraging walkable, livable, 21<sup>st</sup> century communities. Our Strategic Economic Development Team (SEDT) and our Tourism Task Force meet regularly to increase business development and integrated tourism opportunities in the MVD. The Workhouse Arts Center is expanding its offerings, while simultaneously, the Lorton 2040 Visioning Task Force has begun meeting to map out the future of the southern part of the MVD. Have an opinion on what Lorton should look like in 2040? Take the survey today. In addition, I have helped bring about a proposal to build a SnowWorld indoor ski and snow facility on the I-95 Landfill between the Workhouse and Occoquan Regional Park.

**Environmental efforts** have become a priority in the County, spearheaded by my Fairfax Green Initiatives Board Matter adopted unanimously by the Board of Supervisors in February. Highlights of the initiatives include the County's new Office of Environmental and Energy Coordination and the launch of a Community-wide Energy and Climate Action Plan (CECAP). Simultaneously, the County and Schools formed the Joint Environment Task Force (JET), of which I am a founding member, to accelerate sustainability initiatives and goals between our entities. On a very local level, the MVD Governmental Center now has its own Purple Bin for glass recycling and new natural landscaping in our gardens. Watch for much more to come on environment and energy efficiency issues

in the coming months.

Annually, we pass a balanced **County budget** with full funding for our schools, while also making prudent savings, increasing our budget reserves and identifying effective cost savings efforts. We helped drive the opening of our local Domestic Violence Shelter, initiate and adopt the reports of the Affordable Housing Resources Panel and the Embark Housing Advisory Group, complete the design and funding for the Lorton Community Center and Library, engage in the County's comprehensive strategic planning, kick off the Grist Mill Master Planning, complete the Huntington Levee, and even get a new bus shelter at the Cherry Arms Bus Stop, to name a few. I am excited by all we have accomplished, and all we have yet to do. We continue to work on funding for undergrounding utilities along the Richmond Highway Corridor, completing the design of the South County Police and Animal Shelter, advancing Natural Landscaping and other environmentally friendly actions. This fall, we will officially dedicating the South County Center as the Gerry Hyland Governmental Center, and anticipate breaking ground on the North Hill Workforce Housing Units, updating the Workhouse Arts Center's proffers to bring in more partners and completing the Urban Design Guidelines for Richmond Highway. It has been my pleasure to represent you and I am excited by all the opportunities for us to continue working together. To find ways to connect with us on social media, receive our newsletter and see a full list of these accomplishments and more, visit our website: [www.fairfaxcounty.gov/mountvernon](http://www.fairfaxcounty.gov/mountvernon).



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# OPINION

## Honoring Hyland County should also honor Cikins ... here's why.

BY DEL. PAUL KRIZEK (D-44)

As our county, state, and country are going through times that cause us to reflect on our history — both good and bad — I am very glad that our county has chosen to recognize our long-timed esteemed former Supervisor Gerald “Gerry” Hyland with a naming ceremony at the South County Center on 8350 Richmond Highway that will take place on Friday, Sept. 20 from 1 to 4 p.m.

That building, which he worked very hard to bring to fruition, is an important part of our human services outreach effort to the citizens of Mount Vernon and Lee. No better name could go on that building as that of Gerry Hyland’s who dedicated most of his adult life to public service and working to better the lives of those less fortunate. Moreover, he was totally devoted to our Mount Vernon community and it is an honor well deserved.

Equally important to the much-deserved recognition for former Supervisor Hyland is the need for similar recognition for someone many readers may not know, and that is the late Supervisor Warren I. Cikins. Cikins served in the 1970s as our Mount Vernon Supervisor, and more than anything is the reason we have the fabulous Mount Vernon RECenter at the corner of Belle View Blvd. and Fort Hunt Rd. He has had an amazingly positive impact on the quality of life in our community, which continues to this day. When I was growing up in Mt. Vernon in 1974, Mr. Cikins was elected to the Fairfax County Board of Supervisors at a time when our community was evolving in many ways. Warren brought to the Board of

Supervisors and our Commonwealth a strongly held belief in building meaningful relationships: between the left and right, business and government, communities of faith, communities of color, and most importantly between himself and all of his constituents in Mount Vernon. Like Supervisor Hyland years later, Supervisor Cikins’ door was always open to the public. If you needed him, he was there for you. A quintessential public servant indeed!

Warren served in the White House from 1962 to 1966 during the Kennedy and Johnson administrations. He was a Congressional staffer, an educator, management consultant and strong advocate for criminal justice reform.

When Warren became Mount Vernon Supervisor, he and his constituents realized the community was lacking in many ways, so he initiated a number of community task forces to change things. One of them was the Task Force on Youth. Among many other recommendations, the group wanted was a swimming pool. But the Board had built the Lee District RECenter which was initially proposed to serve the Mount Vernon area. Can you imagine that the Board of Supervisors thought that the Lee RECenter pool would be enough to serve the Mount Vernon area too? However, the group thought a skating rink would initially be better for passage by the Board because none existed in Fairfax, and it would be easier to add the pool later, which is exactly what happened.

There is a plaque outside the entrance to the skating rink that reads: In 1978, the Fairfax County Park Authority opened the region’s first public indoor ice skating rink significantly enhancing opportunities for healthful activities, com-



PHOTO CONTRIBUTED

**Supervisor Warren I. Cikins served in the 1970s as Mount Vernon Supervisor.**

petition and leisure time pursuits available to Fairfax County residents. The Mount Vernon Ice Skating Rink would not have become a reality without the tireless support and effort of: Warren I. Cikins, Mt. Vernon District Supervisor, 1975-79.

I was able to experience this first-hand as my mother, Addy Krizek, was chosen by Warren to be part of his staff.

As Warren’s colleagues from his generation have pulled back from public life, it is important to honor Warren’s service to Mount Vernon by renaming the Mount Vernon RECenter for him while his peers, and his wife and family, can share in the celebration of our community history. Warren’s focus on the Mount Vernon community provided the vision for our wonderful facility that has served our families and others for 40 years. Indeed, like many of us, I both learned to ice skate and years later, teach my daughter to skate there.

Back then, many Board members worried that it would not be

economically viable.

Warren, working closely with Glenn Fatzinger, his Mount Vernon appointee to the Fairfax County Park Authority, believed in the plan.

It wasn’t until Warren’s parents passed away two weeks apart in July of 1976, that the Board voted to approve the project that we all know now has been a tremendously successful community recreational destination and will soon be expanding and most likely adding a second ice rink due to its popularity.

Given Warren’s legacy of fighting for resources for our community, the time has come to ask for the Board of Supervisors to vote on renaming the Mount Vernon Recreation Center to honor a champion of finding that middle ground, fighting for this end of the county, and a long-time leader in Mount Vernon, Warren Cikins. More importantly, I know that the history of the community would be served well by such a pronouncement.

### League of Women Voters to Register Students at Mount Vernon HS on Sept. 24

Students who will be eligible to vote in November’s general election will have the opportunity to register to vote on Tuesday, Sept. 24 — National Voter Registration Day — at Mount Vernon High School. Members of the League of Women Voters-Fairfax Chapter will facilitate the voter registration drive during government classes.

In class, students have been discussing the responsibilities of citizens to engage in the voting

process. Through the school’s Students Involved in Volunteering program, students are encouraged to help at polling locations, register others to vote, and to reach out to the larger community. The goal is to help them make more informed choices at the polls to benefit their communities, state, and country. “This visit by the League of Women Voters will officially kick off our unit on elections and political parties,” says Mount Vernon social studies teacher Robin Stewart. “It is our hope that by

partnering with this organization and teaching this unit before the election, we will encourage our young voters to engage in our upcoming state elections and primaries in March 2020.”

Members of the League of Women Voters will share information about the importance of voting during a classroom presentation. In addition to registering in class, students can register during their lunch periods. The school is also planning a spring drive to encourage Mount Vernon students

to register to vote.

September is recognized as National Voter Registration Month. The Fairfax County School Board approved a resolution in support of voter registration and the FCPS High School Voter Registration Challenge at its Sept. 12 business meeting. During the previous 2018-19 school year, 10 schools met the challenge of registering at least 50 percent of the eligible members of their senior class as part of the challenge.

### Mount Vernon Gazette

www.MountVernonGazette.com

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A Connection Newspaper



# BULLETIN

Submit civic/community announcements at [ConnectionNewspapers.com/Calendar](http://ConnectionNewspapers.com/Calendar). Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

## SATURDAY/SEPT. 21

**Car Seat Safety Check.** 9:30 a.m.-12:30 p.m. at the Franconia district police station, 6121 Franconia Road. Fairfax County Police Department offers free safety check and install events throughout the year to ensure children travel safely. In preparation for appointment, install the seat using the instructions that came with the car seat. Trained officers will review the car seat instructions and car owner's manual to be certain that they are being followed as they should.

## MONDAY/SEPT. 23

**Community Conversations.** 6:30-8:30 p.m. at Gum Springs Community Center in Alexandria. Fairfax County is planning for the next 10-20 years in the community and they want to hear from everyone. Share thoughts, insights, opinions and experiences that will be used to help further shape a countywide strategic plan. Register via [www.fairfaxcounty.gov/strategic-plan-community-conversations](http://www.fairfaxcounty.gov/strategic-plan-community-conversations). Arrangements for child care, transportation assistance, interpretation services and reasonable ADA accommodations can be made by calling 703-324-5302, TTY 711, or by emailing [Angela.Jones@fairfaxcounty.gov](mailto:Angela.Jones@fairfaxcounty.gov).

**Candidate Forum.** 7 p.m. at Fairfax County Government Center, 12000 Government Center Pkwy, Fairfax. Candidates for Countywide offices: At Large School Board and Chair of the Board of Supervisors. These candidate forums are nonpartisan. The League of Women Voters of the Fairfax Area does not support or oppose any party or candidate and invite all certified candidates in their respective districts. After a moderated discussion, meet the candidates. Volunteers, including students, are welcome. Visit [www.lwv-fairfax.org/candidateforum](http://www.lwv-fairfax.org/candidateforum) for more.

## TUESDAY/SEPT. 24

**Potential Hollin Hills Historic Overlay District.** 6:30 p.m. at the administrative offices of Supervisor Storck, 2511 Parker's Lane. The Potential Hollin Hills Historic Overlay District (HOD) working group meets monthly to explore the feasibility of establishing a potential HOD and to facilitate communication between the community and the county. The working group welcomes input from the entire community. Contact co-chairs Barbara Ward ([barlward1@cox.net](mailto:barlward1@cox.net)) or V. Lee Cutler ([velmalee\\_13@msn.com](mailto:velmalee_13@msn.com)) with questions, comments or to observe an upcoming meeting. Visit [www.fairfaxcounty.gov/planning-zoning/plan-amendments/hollin-hills-hod](http://www.fairfaxcounty.gov/planning-zoning/plan-amendments/hollin-hills-hod) for more.

## SEPT. 30-OCT. 23

**Community Emergency Response Team Training.** 7-11 p.m. at the Fire and Rescue Academy, 4600 West Ox Road, Fairfax. The Community Emergency Response Team (CERT) Program trains county residents in basic disaster response skills, such as fire safety, light search and rescue, team organization, and disaster medical operations. Using the training learned in the classroom and during exercises, CERT members can assist others in their neighborhood or workplace following an event when

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SEE BULLETIN, PAGE 18

# SEPTEMBER IS SUICIDE PREVENTION MONTH

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NEWSPAPERS



Fairfax County, Va.,  
February 2019



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## Normal Adolescent Moods Swings or Depression?

Making a distinction between the two can be difficult.

BY MARILYN CAMPBELL  
THE CONNECTION

Stephanie Pironne says her daughter Lila was always a child who was well behaved. From preschool through elementary school, she was described by her teachers as having a kind and cheerful nature. When her daughter, now 13 years old and in eighth grade, began middle school, something changed.

"She now goes from goes from happy to grumpy to sad all within 15 minutes and with nothing around her having changed," said Pironne. "I'm always on edge when she comes down for breakfast in the morning because I never know what I'm going to get. She might be yelling at me for something I didn't know I'd done, giving me the silent treatment or happy and chatty or combination of all three.

Such emotional roller coasters are often a part of puberty. Hormonal changes that happen when puberty begins can cause not only bodily physical changes but mood swings that can feel out of control, say mental health professionals. It's often difficult for parents and those close to teens learn to distinguish normal changes in mood from a more serious mental health issue.

"It's really, really hard to do, because they can present in very much the same way, and aren't always two distinct categories," said psychologist Stacie Isenberg, Psy.D. "Also, sometimes [puberty-driven mood swings], do get treated with medication. I've had patients who were prescribed birth control and some who were prescribed antidepressants."

The severity of the symptoms, says Carol Barnaby, MSW, LCSW-C can help make the distinction," said therapist Carol Barnaby, MSW, LCSW-C. "Crying spells or deep sadness for no apparent reason is a sign. Displaying a loss of energy or isolating themselves from others and persistent low self-esteem are also signals."

"If your child's mood seems off with regularity or they are withdrawing or increasingly irritable, I would advise parents to get a professional assessment," added Isenberg. "You can start with you pediatrician, and based on their recommendation, you may want to have your child see a psychologist or psychiatrist."

The amount of time the symptoms last could also be a clue that professional help is needed. "Teen depression is normally indicated by a persistent change in mood that lasts two weeks or more," said Barnaby. "The change in mood seems to cause significant distress and problems that show up at home, school, during extra-curricular activities, and in social areas of life."

A desire to hurt oneself is an indicator of a mental health issue that is more serious than normal teen mood swings, said Barnaby.

"If your child ever talks about self-harm like cutting themselves, refusing to attend school or other activities they previously enjoyed those are sign that you should seek help immediately.

If your child talks ...or has thoughts about suicide or not wanting to be around, seek professional help immediately," added Isenberg.

**"She goes from goes from happy to grumpy to sad all within 15 minutes and with nothing around her having changed. I'm always on edge when she comes down for breakfast in the morning because I never know what I'm going to get."**

— Stephanie Pironne

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## Virginia Schools Rank Third in Nation with B-minus

A leading education journal ranked Virginia's public schools as third in the nation in student achievement based on the performance of students on national assessments in reading and mathematics, graduation rates and achievement on Advanced Placement examinations.

Education Week's Quality Counts 2019 report awarded the commonwealth a letter

grade of B- for K-12 achievement. Only Massachusetts, with a B+, and New Jersey, with a B, earned higher grades. Superintendent of Public Instruction James Lane said: "I look forward to visiting as many schools as I can during the coming weeks and months and personally congratulating teachers, principals, administrators and support professionals for all they do as we strive to make the commonwealth's schools the best

in the nation."

K-12 achievement comprises one third of Education Week's three-part Quality Counts rating system. Earlier this year, the publication awarded Virginia a B on its "Chance for Success Index" and a C for school finance. Today's grade for K-12 achievement resulted in Virginia earning an overall grade of B- from Education Week for 2019.

# ENTERTAINMENT

## Hawaiian Shave Ice Nestles in Wig Shop on King

BY HOPE NELSON  
THE GAZETTE

For years, the ratio of wig shops to other businesses on the 700 block of King Street has been higher than anywhere else in the city. Longtime Alexandrians are well familiar with the Crown Wigs and Hollywood Fashion Wigs shops, situated just doors apart from one another, hairdos of all styles adorning the windows.

### APPETITE

But now, at 716 King Street, a new tenant has made itself at home within Hollywood Fashion Wigs shop. The Big Kahuna Café, which has soft-opened throughout the month of September, hosts its grand opening event this weekend from its 300-foot space within the wig shop.

“Party in the front, business in the back,” laughed co-owner Charlie Schara.

Over the first few soft-opening weeks, visibility has been an issue, Schara admits. One doesn’t always expect a café to share space with a wig shop, after all. But Big Kahuna now has street signage and a bright “Open” sign, and

Schara continues to tweak his side of the window space to give potential customers a peek at what the café has to offer.

The focus of the café, has, as the name implies, a Hawaiian flair. Hawaiian shaved ice is a focal point, with coffee and other beverages rounding out the fledgling menu at the moment.

Unlike snow cones, shave ice is lighter, airier product, refreshing but not crispy-crunchy the way other ice-based treats are.

“The way I describe it is it’s sort of like freshly fallen snow,” Schara said. And Big Kahuna’s shave ice comes several different ways – from the healthy to the decadent.

“You can have a zero-calorie monk fruit sweetener, which is fantastic,” Schara said. “The monk fruit-sweetened one is a big bargain as far I’m concerned, as far as sweets go. No calories and it tastes good.”

But if customers are on the hunt for something over-the-top, Big Kahuna Café has them covered, too.

“We can put a snowcap (of condensed milk) on it and sort of make it (more) Hawaiian,” Schara said. (That version, it must be pointed out, does have calories.)



The Big Kahuna shares space with Hollywood Fashion Wigs at 716 King St.

### IF YOU GO

Big Kahuna Café, (address)  
Hours: 11 a.m.- 9 p.m. daily.

Try this: A monk fruit-sweetened shave ice. “I’m always looking for the better (healthy) alternative,” says co-owner Charlie Schara.

During the weekend’s grand opening event, a passel of shave ice flavors – wild cherry, root beer and strawberry coconut, just to name a few – will take center stage. Nitro and cold-brew coffee and lattes will help guests wash down their treats.

As Big Kahuna takes shape, Schara says, the menu will expand. Next on the Hawaiian horizon: A lunch menu to serve the neighboring businesses.

But that will come after grand opening weekend, once Big Kahuna has a chance to settle in and make itself known to the neighborhood. And Schara has big plans for future distinguished guests.

“I swear I could get Obama to come here — he’s a big shave ice fan, too,” he said.

Hope Nelson owns and operates the Kitchen Recessionista blog, located at [www.kitchenrecessionista.com](http://www.kitchenrecessionista.com). Email her any time at [hope@kitchenrecessionista.com](mailto:hope@kitchenrecessionista.com).

PHOTO BY HOPE NELSON

### CALENDAR

Submit entertainment announcements at [www.connectionnewspapers.com/Calendar/](http://www.connectionnewspapers.com/Calendar/). The deadline is noon on Friday. Photos/artwork encouraged.

#### ONGOING

**Senior Olympics.** The Northern Virginia Senior Olympics features more than 60 events that challenge the mind as well as the body. New games this year: jigsaw puzzle and line-dancing. The public is invited, free of charge, to all NVSO events. The games run through Sept. 28. There will be no on-site registration for participants. Visit [www.nvso.us](http://www.nvso.us).

**Art Exhibit: Habitats.** Through Sept. 22, gallery hours at Target Gallery at the Torpedo Factory, 105 North Union St., Studio 2. The newest group exhibition Habitats in Target Gallery, the contemporary exhibitions space of Torpedo Factory Art Center, poses the question, “What makes a habitat a home?” The selected artists address these questions and raise new ones. Work is presented in a diversity of media, from sculpture and photography to video and virtual reality. Visit [torpedofactory.org/partners/target-gallery](http://torpedofactory.org/partners/target-gallery).

**Art Exhibit: “Patterns & Prints.”** Through Sept. 27, gallery hours at Scope Gallery, Studio 19, the Torpedo Factory Art Center, 105 North Union St. Ceramic Guild potters turn to hot togs as artistry en vogue, showing embossed patterns, aggressive elaborate exteriors and groovy grooving. Colors are confident with saturated statements and contrasts of black and white. Hand-painted touches are the headline talk of the season, with abstracts, urban touches and industrial adornment paving the way. Call 703-548-6288 or visit [www.scopegallery.org](http://www.scopegallery.org).

**Art Exhibit: “It’s a Jungle Out There.”** Through Sept. 29 at Potomac Fiber Arts Gallery, Studio 29, Torpedo Factory Art Center, 105 North Union St. Potomac Fiber Arts Gallery presents its juried show, “It’s a Jungle Out There.” Cheetahs, lions, rhinos, monkeys, hippos, and the lands that they inhabit serve as



PHOTO COURTESY OF NATIONAL PARK SERVICE

#### Jones Point Lighthouse

### Jones Point Meetup

Join a national park ranger to explore the long history of this little piece of land and see the last remaining inland lighthouse on the Potomac River, once a beacon to boat captains and commerce on the river. Tuesdays through Sept. 24, 11 a.m.-noon at Jones Point Park, Jones Point Drive. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/planyourvisit/jonespoint.htm](http://www.nps.gov/gwmp/planyourvisit/jonespoint.htm) for more.

inspiration for the pieces in this show. Themed work will be eligible for recognition by the jurors. Non-themed work may also be exhibited. Visit [www.Potomacfiberartsgallery.com](http://www.Potomacfiberartsgallery.com) or call 703-548-0935.

**Art Exhibit: High Note.** Through Sept. 29, gallery hours at Del Ray Artisans, 2704 Mt Vernon Ave. Experience “High Note,” exploring the connection between music and the mind. Music can unleash powerful memories, transporting listeners in space and time. Musical performance benefiting the nonprofit Friends of ROAM Friday, Sept. 20, 8-9:30 p.m. Visit [www.DelRayArtisans.org/event/high-note](http://www.DelRayArtisans.org/event/high-note) for more.

**Solo Painting Exhibition: Draftsman 2019.** Through Sept. 30, gallery hours at Gallery Underground, 2100 Crystal Drive, Suite 2120-A. Draftsman 2019 is the solo painting exhibition for the month of September of Arlington Artists

Alliance member and T.C. Williams graduate Barry Barnett Keith. Free. Visit [galleryunderground.org](http://galleryunderground.org) or call 571-483-0652.

**Art Exhibit: Revival.** Through Sept. 30 in the Van Landingham Gallery, Studio 311 of the Torpedo Factory Art Center, 105 North Union St. While looking at the darkened doorway of the ruins of Ephesus, a Greek city in what is now Turkey, Marian Van Landingham suddenly envisioned a window to the sky and an innate sense of hope and revival. In her studio in Alexandria’s Torpedo Factory Art Center, founded by her as an art center in 1974, Van Landingham refines the images that first piqued her interest. Visit [www.torpedofactoryartists.com](http://www.torpedofactoryartists.com) for more.

**Art Exhibit: Silo City.** Through Oct. 13 at Multiple Exposures Gallery, Torpedo Factory Art Center, Studio 312, 105 N. Union St. An exhibition of photographs by Eric Johnson made

in a complex of historic grain elevators and processing facilities in Buffalo, New York. An opening reception is planned for Sunday, Sept. 22, 2-4 p.m. Visit

[www.multipleexposuresgallery.com](http://www.multipleexposuresgallery.com) for more. **“Board | out of our minds!”** Through Nov. 10, gallery hours at the The Athenaeum, 201 Prince St. “Board | out of our minds!” relates to the games we play. The included works exhibit the creative means in which people developed board games to reflect their thoughts and reflections on the role of chance in life. While some are actual games, some refer to the role of games in life. Visit [www.nfaa.org](http://www.nfaa.org) or call 703-548-0035.

**Mount Vernon Farmers Market.** Wednesdays (through Dec. 18), 8 a.m.-noon at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane. The McCutcheon/Mount Vernon Farmers Market opened May 1 with an array of farm-fresh produce and local foods, plus some new features (fresh brewed coffee!). 17 local farmers and producers will sell fresh, locally grown vegetables and fruits; meats; Chesapeake Bay seafood; breads and pastries; honey, jams and jellies; milk, cheese and eggs; herbs and plants; and more. Visit [www.fairfaxcounty.gov/parks/farmersmarkets](http://www.fairfaxcounty.gov/parks/farmersmarkets).

**Band Members Needed.** Join the Mount Vernon Community Band, a group of players who enjoy playing many styles of band music in a relaxed atmosphere. Rehearsals are Tuesdays 7:30-9:30 p.m. in the Mount Vernon High School Band Room, 8515 Old Mount Vernon Road. No auditions. All instruments needed. Contact Eric Leighty directly 703-768-4172 or visit [www.mvbands.com/join-us/](http://www.mvbands.com/join-us/).

#### THROUGH SUNDAY/SEPT. 22

**Fall Book Sale.** At Charles E. Beatley Central Library, 5005 Duke St. The Friends of the Beatley Central Library will hold their Fall Book Sale. Tuesday, 4-8 p.m., Members’ Preview (\$15 memberships available at the door); Wednesday-Thursday, 10 a.m.-8:30 p.m.; **Up**

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# ENTERTAINMENT

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Friday, 10 a.m.-5:30 p.m.; Saturday, 10 a.m.-4:30 p.m.; Sunday, 1-4:30 p.m. \$4 or less, unless specifically marked: hardbacks, paperbacks, children's books and media items. All genres. Discount day on Sunday. Call 703-746-1702 or visit [www.beatleyfriends.org](http://www.beatleyfriends.org).

## THURSDAY/SEPT. 19

**Taste of Old Town North.** 4-8 p.m. at Montgomery Park, 901 N. Royal St. The 2nd Annual Taste of Old Town North will celebrate local music, restaurants, and the arts. The neighborhoods of this growing and diverse section of Alexandria invite visitors and residents to enjoy all that Old Town North has to offer. Free admission. Visit [oldtownnorth.org/taste/](http://oldtownnorth.org/taste/) or call 917-969-6668.

## FRIDAY/SEPT. 20

### Mental Health & Suicide

**Prevention Resource Fair.** 5:45-7:45 p.m. at the Hylton Education Center on the campus of Sentara Northern Virginia Medical Center, 2300 Opitz Blvd., Woodbridge. Mental health experts from the U.S. Department of Veteran Affairs, Prince William County Community Services, National Alliance on Mental Illness and many more, will gather to take part in this important conversation. Non-profits will discuss area resources, warning signs, behaviors, treatments and/or options when it comes to mental illness and suicide prevention. Free, open to the public. More at [pwmentalhealth.eventbrite.com](http://pwmentalhealth.eventbrite.com).

**Alexandria Citizens Band.** 8-10 p.m. at Del Ray United Methodist Church, 100 East Windsor Ave. Join the Alexandria Citizens Band, one of the oldest community bands in America, at their first rehearsals of the season. No auditions, they welcome all who want to have fun, find new friends, and play free concerts. Recruiting volunteer members in all sections – drum, tuba, baritone, trumpet, French horn, trombone, saxophone, flute, clarinet, oboe, and bassoon players. Free. Call 703-920-8675 or go to [come-play-with-us.eventbrite.com](http://come-play-with-us.eventbrite.com).

## SATURDAY/SEPT. 21

### Arts on the Horizon 5K

**Fundraiser.** 8 a.m. in Fort Hunt Park. Arts on the Horizon, a nonprofit theatre for children ages 0-6, is hosting their Second Annual 5K Fundraiser. Families are invited to run or walk to support Arts on the Horizon's arts education programs and performances. \$25. Register at [www.artsonthehorizon.org/5k-fundraiser](http://www.artsonthehorizon.org/5k-fundraiser).

### Gardening Fun for the Whole Family.

9 a.m.-3 p.m. at Green Spring Gardens, 4603 Green Spring Road. Celebrate Fall Garden Day, a day of activities for everyone in the family. Visit with a host of local plant and craft vendors selling everything needed for fall gardening. There will be a silent auction, bake sale, live music, food and a kids' activities table. Admission is free, and the day is an opportunity for a family outing to one of the most innovative public gardens in the mid-Atlantic. Call 703-642-5173 or visit [www.fairfaxcounty.gov/parks/green-spring](http://www.fairfaxcounty.gov/parks/green-spring).

**George Washington's Alexandria Tour.** 10-11:30 a.m. Meet at the Torpedo Factory, 101 N. Union St. Explore historic Old Town Alexandria as George Washington knew it. This 90-minute guided walking tour explores sites associated with Washington and his closest colleagues. The tour begins behind the Torpedo Factory's south entrance,

in front of Vola's Dockside Grill. Free. No reservations required. Offered by the Office of Historic Alexandria. Contact 703-379-7460 or [suej020924@gmail.com](mailto:suej020924@gmail.com).

### Walking With Washington Tour.

10 a.m.-noon. Starts at Ramsay Alley at 109 N. Fairfax St. Explore important sites associated with George Washington in his hometown. Led by an old-line Virginian with family stories about Washington, this tour focuses on his character and values, and significant people and events in his life and American history where they occurred. Stops at Ramsay House, Market Square, Carlyle House, The Bank of Alexandria, Wise's, Duvall's and Gadsby's Taverns, Washington's townhouse, and Christ Church. Reservations not required. Free. Recommended for ages 10 and above.

### Seek and Sketch Hike.

10 a.m.-noon at Huntley Meadows Park, 3701 Lockheed Blvd. Register for the "Sketch Hike Fall Wildflowers ID" program to see how beautiful fall wetland flowers live. Then, learn how to sketch them to keep the memories alive. Drawing materials are included in the cost of the program, courtesy of the RunningBrooke Fund. Designed for participants age 10-adult. \$15 per person. Call 703-768-2525 or visit [www.fairfaxcounty.gov/parks/huntley-meadows](http://www.fairfaxcounty.gov/parks/huntley-meadows).

### Wags for Weichert.

10 a.m.-noon at Weichert Old Town, 121 N. Pitt St. Pet Connect Rescue will bring 5-10 dogs that will be available for adoption on the spot. Weichert Old Town is currently collecting pet food, toys, bedding and financial contributions for Pet Connect Rescue and their dog fostering volunteers at their office. There will be refreshments for dogs and their human friends. Call Weichert Realtors, 703-549-8700 for details.

### Classic Car Show.

10 a.m.-1 p.m. at Alexandria History Museum at The Lyceum, 201 S. Washington St. Co-sponsored by Packards Virginia and the Alexandria History Museum at The Lyceum, this Classic Car Show will feature a variety of Packards ranging from the 1930s to the 1950s as well as other "orphan" vehicles that are invited to register as well. Orphan cars are any marque of vehicle built by an out-of-business manufacturer. Free and open to the public. Call 703-424-5871 or visit [www.packardsva.org](http://www.packardsva.org).

### Archaeology Day.

10 a.m.-4 p.m. at George Mason's Gunston Hall, 10709 Gunston Road, Lorton. Gunston Hall will celebrate their annual Archaeology Day, a day dedicated to digging up and discovering the mysteries of the past. Join friends and family for a fun-filled day of activities for all ages including sifting for artifacts, mending archaeology objects, and dressing like an archaeologist. Free with admission. Visit [gunstonhall.org/event/archaeology-day/](http://gunstonhall.org/event/archaeology-day/) or call 703-550-9220.

### Dyke Marsh Meetup, Walk with a Ranger.

11 a.m.-1 p.m. at Belle Haven Park/ Dyke Marsh Wildlife Preserve. Enjoy the outdoors on this 2-mile walk with a national park ranger to see the largest freshwater marsh in the nation's capital. Bring a pair of binoculars for viewing an eagle's nest and other marsh life. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/playourvisit/dykemarsh.htm](http://www.nps.gov/gwmp/playourvisit/dykemarsh.htm).

### Crabs and Corn Hole.

1-4 p.m. at Fairwinds Brewing Company, 7000 Newington Road, Lorton. The Key Center PTA is sponsoring an All You Can Eat Crabs and Sides. Tickets are limited. All profits will go to support Key Center School programs. \$55. Visit [keycenter.fcps.edu/](http://keycenter.fcps.edu/) or call 703-313-4000.

### Anniversary Dance.

7-9:30 p.m. at



FILE PHOTOS BY SHIRLEY RUHE

## Northern Virginia Senior Olympics

The Northern Virginia Senior Olympics features more than 60 events that challenge the mind as well as the body. New games this year: jigsaw puzzle and line-dancing. The games run through Sept. 28. The games will be hosted at more than 25 venues, many of which are located in and around Fairfax and Arlington counties and the City of Alexandria. There will be no on-site registration for competitors. Spectators are welcome at all events and admission is free. For event details, go to [www.nvso.us](http://www.nvso.us), call 703-228-4721 or email [nvso1982@gmail.com](mailto:nvso1982@gmail.com).

Lincolnia Senior Center, 4710 North Chambliss St. The Northern Virginia Country-Western Dance Association will hold an anniversary dance with a potluck dinner, 6-7 p.m. and open dancing, 7-9:30 p.m. A DJ provides music. Couples and singles of all ages welcome. Admission for members \$10; non-members \$12; children under 18 accompanied by a paying adult \$5. Smoke-free, alcohol-free. BYO refreshments. Visit [www.nvcwda.org](http://www.nvcwda.org) for more.

## SATURDAY-SUNDAY/SEPT. 21-22

**King Street Art Festival.** Saturday, 10 a.m.-7 p.m.; Sunday, 10 a.m.-5 p.m. on King Street from Washington Street to Union Street. Historic King Street is transformed into an outdoor art gallery with original fine artwork by more than 200 artists from around the country. Enjoy live music and interactive art activities, as well as The Art League's Ice Cream Bowl Fundraiser Saturday, 10 a.m.-6 p.m., and Sunday, 10 a.m.-4 p.m., and the Torpedo Factory Art Center's 2nd Annual Beer & Wine Torpedo Garden Saturday, 11 a.m.-6 p.m., and Sunday, 11 a.m.-5 p.m. Free and open to the public. Visit [visitalexandriava.com/artfest](http://visitalexandriava.com/artfest) for more.

**Crafts at Carlyle.** Noon-2 p.m. at Carlyle House Historic Park, 121 N. Fairfax St. Crafts at Carlyle is a two-day event that coincides with the King Street Art Festival. Everyone will have their own piece of floor cloth, which they can design and paint after learning about 18th century floor clothes and the patterns found on them. Free. Visit [www.novaparks.com/parks/carlyle-house-historic-park](http://www.novaparks.com/parks/carlyle-house-historic-park).

house-historic-park.

## SUNDAY/SEPT. 22

**Downton Abbey Tours.** 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) or call 703-548-1789.

**Roy Buchanan Tribute.** 7:30-11 p.m. at The Birchmere, 3701 Mt. Vernon Ave. Renowned soul-blues singer Billy Price, presents a Tribute to Roy Buchanan featuring special guest musicians. \$25. Call 703-549-7500 or visit [www.birchmere.com](http://www.birchmere.com).

## MONDAY-TUESDAY/SEPT. 23-24

**Volunteers Wanted.** Restaurant: Impossible is coming to Alexandria and they are seeking enthusiastic volunteers to work with Robert Irvine and his renovation team as design and construction volunteers on the show. Volunteers may be any licensed or certified individuals in painting, crafting, constructing, remodeling, cleaning, decorating etc. They are looking for skilled contractors, electricians, plumbers, upholsters and painters to donate their time but welcome all skill sets and skill levels, always. Volunteers only, however, meals will be provided. Must be 18 or older. The volunteer schedule is as follows:

- ❖ Shift #1 – Monday, Sept. 23, noon-7 p.m.
- ❖ Shift #2 – Monday, Sept. 23rd, 7

p.m.-2 a.m.

❖ Shift #3 - Tuesday, Sept. 24th, 10:30 a.m.-6 p.m.

Email

[volunteer@restaurantimpossiblevolunteers.com](mailto:volunteer@restaurantimpossiblevolunteers.com) by Thursday, Sep. 19, noon (PST) with your preferred shirt, full name, email address, cell number and skill set/ related profession (ex: plumber or painter). Use subject line: 1605 VA Volunteer.

## TUESDAY/SEPT. 24

**Jones Point Meetup.** 11 a.m.-noon at Jones Point Park, Jones Point Drive. Join a national park ranger to explore the long history of this little piece of land and see the last remaining inland lighthouse on the Potomac River, once a beacon to boat captains and commerce on the river. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/playourvisit/jonespoint.htm](http://www.nps.gov/gwmp/playourvisit/jonespoint.htm) for more.

**Twilight & Tipple Tours.** 6-9 p.m. at Pope-Leighey House, 9000 Richmond Highway. Experience Frank Lloyd Wright's Pope-Leighey House by twilight. This tour series is a rare chance to see one of Wright's houses illuminated against a night sky. Grab a drink, included in the price of the tour ticket, and walk through the house on a leisurely, open house style tour with plenty of time to take stunning photos. \$35. Visit [www.woodlawnpopeleighey.org/](http://www.woodlawnpopeleighey.org/) for more.

### Restaurant: Impossible - Grand Reopening.

7 p.m. at Foxfire Grill, 6550 Little River Turnpike. Restaurant: Impossible, hosted by Chef Robert Irvine, invites you to Foxfire Grill for their grand re-opening. Be one of the first patrons to see the newly

renovated space. Diners pay for their meals. To make a reservation at Foxfire Grill for their grand re-opening, email the Restaurant: Impossible production @ [volunteer@restaurantimpossiblevolunteers.com](mailto:volunteer@restaurantimpossiblevolunteers.com) by Thursday, Sept. 19, at noon (PST) with subject line: 1605 VA RESERVATIONS(. If selected, a confirmation email will be sent close to the date of the dinner. Guests must be 8 or older. Include contact information (full name, email address, cell number), party size (number of people at your table) and the names of the people in your party.

## THURSDAY/SEPT. 26

**Fort Hunt Meetup, Walk with a Ranger.** 10:30-noon at Fort Hunt Park, 8999 Fort Hunt Road. Join a national park ranger on a 1.5 mile walk through historic Fort Hunt Park, be prepared to learn about some World War II secrets. Meet at Area E parking. Free. Call 703-235-1530 for more.

**New Neighbors Oktoberfest.** 6:30-8:30 p.m. at Port City Brewing Company, 3950 Wheeler Ave. Each year, The Campagna Center reaches out to the community to help support the New Neighbors program through their Oktoberfest fundraiser. Enjoy local brews, authentic bratwurst and German fare, and an evening of oompah-POW, all for a great cause. Tickets will not be sold at the door. Tickets will be sold online until they are at capacity. \$60+. visit [www.campagnacenter.org/events/new-neighbors-oktoberfest](http://www.campagnacenter.org/events/new-neighbors-oktoberfest).

## FRIDAY/SEPT. 27

**Waynewood 60th Anniversary.** 6-7:30 p.m. at Waynewood Elementary, 1205 Waynewood Blvd. Welcome to all members of the community. Come see the completely renovated facility and grounds. The celebration will include a 60th Pick-

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[WWW.CONNECTIONNEWSPAPERS.COM](http://WWW.CONNECTIONNEWSPAPERS.COM)

# ENTERTAINMENT

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anniversary ceremony, music, food trucks, and cake. This event is free and open to the public. Email [wwpta1@gmail.com](mailto:wwpta1@gmail.com) or call 703-704-7100.

**Global Hip-Hop Excursion.** 7-8:15 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane, Springfield. Join Dumi Right, Hip Hop pioneer and cultural ambassador, as he and other musical guests present an evening of rhymes, beats and cultural infusions. Free. Visit [librarycalendar.fairfaxcounty.gov/event/5516705](http://librarycalendar.fairfaxcounty.gov/event/5516705) or call 703-324-8428.

**Alexandria Citizens Band.** 8-10 p.m. at Del Ray United Methodist Church, 100 East Windsor Ave. Join the Alexandria Citizens Band, one of the oldest community bands in America, at their first rehearsals of the season. No auditions, they welcome all who want to have fun, find new friends, and play free concerts. Recruiting volunteer members in all sections – drum, tuba, baritone, trumpet, French horn, trombone, saxophone, flute, clarinet, oboe, and bassoon players. Free. Call 703-920-8675 or go to [come-play-with-us.eventbrite.com](http://come-play-with-us.eventbrite.com).

## SATURDAY/SEPT. 28

**Symposium with Gadsby's Tavern Museum and Emerging Revolutionary War.** 8:30 a.m.-7 p.m. at The Lyceum, 201 S. Washington St. In preparation for the 250th anniversary of 1776, public historians share their research into this turbulent time during a one-day symposium in partnership with Emerging Revolutionary War. The symposium will be held at the Alexandria History Museum at The Lyceum. \$60 per person, \$50 OHA members and students at [AlexandriaVa.gov/Shop](http://AlexandriaVa.gov/Shop). Call 703-746-4242 or visit [www.gadsbystavern.org](http://www.gadsbystavern.org) or [emergingrevolutionarywar.org](http://emergingrevolutionarywar.org).

**Native Plant Sale.** 9 a.m.-2 p.m. in the parking lot at Saint Clement, 1701 Quaker Lane. Native plant sale hosts 12 vendors from three states selling native perennials, shrubs, and trees for sun or shade. Free admission. Call 571-232-0375 or visit [www.NorthernAlexandriaNativePlantSale.org](http://www.NorthernAlexandriaNativePlantSale.org).

**Genealogy Research in D.C.** 9 a.m.-3 p.m. at Mount Vernon Genealogical Society, Hollin Hall Senior Center, 1500 Shenandoah Road. Claire Kluskens of the National Archives gives keynote; participants choose any three of nine additional presentations about researching in the many genealogical repositories in and near Washington, D.C. \$30 for MVGS members; \$35 for nonmembers. Visit [www.mvgenalogy.org](http://www.mvgenalogy.org) for more.

**War of 1812 in Alexandria.** 10 a.m.-noon at Lee-Fendall House Museum & Garden, 614 Oronoco St. Guided walking tour of people and places in Old Town associated with the War of 1812 and the British occupation of Alexandria in 1814. \$10 in advance, \$15 at the gate. Visit [www.leafendallhouse.org](http://www.leafendallhouse.org) or call 703-548-1789.

**Annual Community Country Fair.** 10 a.m.-3 p.m. at Historic Pohick Church, 9301 Richmond Highway, Lorton. Enjoy a day of outdoor fun and learning with historic colonial church tours, organ concerts, children's games, barbecue, hamburgers and hot dogs, homemade apple butter, live music, and much more. All are welcome. Visit [www.pohick.org](http://www.pohick.org) or call 703-339-6572.

**Historic Alexandria Homes Tour.** 10 a.m.-3 p.m. in Old Town Alexandria. The Twig's 78th Historic Alexandria Homes Tour provides the opportunity to tour 18th and early 19th-century homes in Old Town and

learn of their historic pasts. Tickets can be purchased in advance at [thetwig.org/homes-tour](http://thetwig.org/homes-tour), the Alexandria Visitor Center at 221 King St. or The Twig Thrift Shop at 106 N. Columbus St. The tour will also feature a raffle and prizes. All proceeds benefit Inova Alexandria Hospital. \$40 in advance; \$45 day of tour. Visit [thetwig.org/homes-tour](http://thetwig.org/homes-tour) or call 703-683-5544.

**Dyke Marsh Meetup, Walk with a Ranger.** 11 a.m.-1 p.m. at Belle Haven Park/ Dyke Marsh Wildlife Preserve. Enjoy the outdoors on this 2-mile walk with a national park ranger to see the largest freshwater marsh in the nation's capital. Bring a pair of binoculars for viewing an

eagle's nest and other marsh life. Free. Call 703-235-1530 or visit [www.nps.gov/gwmp/planyourvisit/dykemarsh.htm](http://www.nps.gov/gwmp/planyourvisit/dykemarsh.htm).

**Downton Abbey Movie Party.** 1-4 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Celebrate the release of "Downton Abbey: The Movie" at an ancestral home of the current Lord Carnarvon of Highclere Castle. Uncover the real-world connections between Downton Abbey and the Lee-Fendall House. Enjoy refreshments, trivia, scavenger hunt, and more. \$25 adult, \$15 youth. Visit [www.leafendallhouse.org](http://www.leafendallhouse.org) or call 703-548-1789.

**18th Century Games.** 6-8 p.m. at

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**Alexandria's Favorite Place for Tennis, Fitness & Fun**

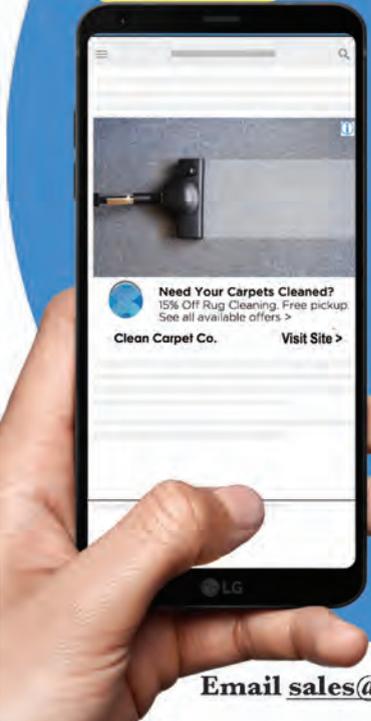
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## NAVY BAND COMMODORES

**CELEBRATING 50 YEARS OF JAZZ**  
SUNDAY, SEPT. 22, 3 P.M.

The Rachel M. Schlesinger Concert Hall and Arts Center  
4915 E. Campus Drive  
Alexandria, Va.

FREE, no tickets required



**50 years of jazz / est. 1969**  
// U.S. Navy Band Commodores



## Food fit for a king on a family budget

DAILY FEATURES FOR EVERYONE!

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- Tuesday - Kids 12 & under Eat Free with accompanying adult. 1 child per adult.
- Wednesday - Roast Turkey Special
- Thursday - Lasagna Night
- Friday - Fish Fry
- Saturday & Sunday - Full Brunch Buffet with Omelette Station

734 North St. Asaph Street, Alexandria, VA 22314

**Royal Restaurant** 703-548-1616  
ALEXANDRIA'S NEIGHBORHOOD RESTAURANT • SINCE 1904 [RoyalRestaurantVA.com](http://RoyalRestaurantVA.com)

# ENTERTAINMENT

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**Carlyle House Historic Park, 121 N. Fairfax St.** Learn how to play 18th century games such as Shut the Box, Whist, and more. Light hors d'oeuvres and two drinks per visitor are included in the price of the ticket. The event includes a tour of the first floor of the house. \$40 per person. Open to anyone 21 or older. Purchase tickets at [apm.activecommunities.com/novaparks/Activity\\_Search/3187](http://apm.activecommunities.com/novaparks/Activity_Search/3187). Visit [www.novaparks.com/parks/carlyle-house-historic-park](http://www.novaparks.com/parks/carlyle-house-historic-park) for more.

**Live Music: Lesson Zero.** 8:30 p.m.-12:30 a.m. at The Greene Turtle, 7879 Heneska Loop. Admission is free. Visit [www.youtube.com/lessonzero](http://www.youtube.com/lessonzero) or [www.reverbnation.com/lessonzero](http://www.reverbnation.com/lessonzero) for more.

## SUNDAY/SEPT. 29

**Classic Car Show.** 9 a.m.-1 p.m. at River Farm, 7931 E. Boulevard Drive. Enjoy classic cars competing for trophies, guided garden tours, a 50/50 raffle, and refreshments. The event benefits American Horticultural Society and River Farm. Rain date: Oct. 6. \$10 per car for spectators; \$20 for show cars (pre-registration encouraged); \$5 for walk-ins/bikes; free for children 12 and under. Visit [www.ahsgardening.org/carshow](http://www.ahsgardening.org/carshow) for more.

**Simpson Park Gardens Fall Open House.** 1-3 p.m. at Simpson Park Gardens, 420 E. Monroe St. Join Extension Master Gardeners at the Simpson Park Demonstration Gardens and visit the colorful, newly renovated gardens. Learn techniques for deadheading plants, and interesting container gardening ideas. Free. Questions? Telephone 703-228-6414 or email [mgarlalex@gmail.com](mailto:mgarlalex@gmail.com).

**Downton Abbey Tours.** 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) or call 703-548-1789.

**Anniversary Event: Torpedo Factory Artists @ Mosaic Gallery.** 3-6 p.m. at Torpedo Factory Artists @ Mosaic 105 District Ave., Fairfax. In celebration of Torpedo Factory Artists' Association's 45th anniversary, member artists have contributed 45 works of art. Ticket holders' names are randomly called and that person chooses from one of the available pieces of original art. Preview artwork Sept. 18-29; Wednesday-Sunday, 11 a.m.-7 p.m. Ticket holders may bring a guest for free. \$200. Art Lovers Sweepstake: a \$45 ticket gives buyers an opportunity to take home one of three works of art, valued at \$1,500 or more. Purchase tickets at [tinyurl.com/tfaacc19](http://tinyurl.com/tfaacc19).

## SEPT. 30-OCT. 27

**Art Exhibit: "Emotional Support: Animals."** Daily, 10 a.m.-6 p.m. and Thursdays until 9 p.m. at Scope Gallery, ground floor Studio 19 of the Torpedo Factory Art Center, 105 North Union St. Kiln Club artists wax poetic on "Emotional Support: Animals" in the wholehearted exhibition of the exotic and domestic. Visit [www.scopegallery.org](http://www.scopegallery.org) or call 703-548-6288.

## OCT. 1-NOV. 3

**Art Exhibit: Day of the Dead.** Potomac Fiber Arts Gallery, Torpedo Factory Art Center, Studio 29, 105 North Union St. The Potomac Fiber



## Art Exhibit: Emotional Support: Animals.

Kiln Club artists wax poetic on "Emotional Support: Animals" in the wholehearted exhibition of the exotic and domestic. The exhibit runs Sept. 30-Oct. 27, 10 a.m.-6 p.m. daily and Thursdays until 9 p.m. at Scope Gallery, ground floor Studio 19 of the Torpedo Factory Art Center, 105 North Union St. Visit [www.scopegallery.org](http://www.scopegallery.org) or call 703-548-6288.

Arts Gallery presents its juried show, Day of the Dead. Neighbors in Mexico and Central America celebrate Day of the Dead. It is a joyful time that helps people remember the deceased and celebrate their memory. The colors and vibrancy of this holiday inspire artists of the Potomac Fiber Arts Gallery. Themed work will be eligible for recognition by the jurors. Non-themed work will also be exhibited. Visit [www.Potomacfiberartsgallery.com](http://www.Potomacfiberartsgallery.com) for more.

## OCT. 4-27

**Art Exhibit: Twilight Zone.** Gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. "Art Inspired by The Twilight Zone" is a collection of work inspired by the classic television series. An opening reception is planned for Friday, Oct. 4, 7-9 p.m. Fee admission. Visit [www.DelRayArtisans.org/exhibits](http://www.DelRayArtisans.org/exhibits).

## SATURDAY/OCT. 5

**"Le Tour d'Alexandria" Bicycle Tour.** 10 a.m. Start and end at Beatley Central Library, 5005 Duke St. Alexandria Library invites the community to participate in Le Tour d'Alexandria Library, the Library's annual bicycle tour of all library locations. In recognition of the Library's 225th Anniversary, this year's tour will highlight some of the Library's history dating back to 1794. Space is limited, registration is required. Riders must be over the age of 13 to participate. Children and teens under the age of 18 must be accompanied by a parent or guardian. Visit [alexlibraryva.org/alexandria-bike-tour](http://alexlibraryva.org/alexandria-bike-tour) to register.

**Used Book Sale.** 10 a.m.-4 p.m. at Sherwood Regional Library, 2501 Sherwood Hall Lane. Selection of over 20,000 gently used books, including children's books, fiction, history, biography, home and garden, cooking, crafts, sports, religion, travel, CDs, DVDs, and more. Unless specially priced, \$1 for hard backs, 50 cents for large paperbacks, and 25 cents for mass market paperbacks. Visit [www.fairfaxcounty.gov/library/branches/friends-of-sherwood-regional](http://www.fairfaxcounty.gov/library/branches/friends-of-sherwood-regional).

**Civil War Artillery Day.** 10 a.m.-4 p.m. at Fort Ward Museum, 4301 W. Braddock Road. Learn about the role and equipment of Civil War artillerymen in the Defenses of Washington. This living history program will appeal to Civil War enthusiasts of all ages. The event is weather dependent. Free. Call 703-746-4848.

**24th Annual Art on the Avenue.** 10 a.m.-6 p.m. on Mount Vernon Avenue in Del Ray. Art on the Avenue is a multicultural arts festival celebrating Alexandria's diversity held the first Saturday in October, rain or shine. Discover more than 300 artists, from jewelers to glass makers to painters, while enjoying a variety of musicians and food vendors. Activities for



Classic cars at the spring 2019 Classic Car Show.

## Classic Car Show

Enjoy classic cars competing for trophies, guided garden tours, a 50/50 raffle, and refreshments. The event benefits American Horticultural Society and River Farm. Sunday, Sept. 29, 9 a.m.-1 p.m. at River Farm, 7931 E. Boulevard Drive. Rain date: Oct. 6. \$10 per car for spectators; \$20 for show cars (pre-registration encouraged); \$5 for walk-ins/bikes; free for children 12 and under. Visit [www.ahsgardening.org/carshow](http://www.ahsgardening.org/carshow) for more.

children include scarecrow-stuffing, pumpkin-painting and more. Free admission. Visit [artonthavenue.org/](http://artonthavenue.org/) for more.

**Mirror Mirror: David Shulman with Sarah Marie Hughes.** 8 p.m. at Waterfront Park, 1 King St. The City of Alexandria commissioned a series of original site-specific performances for the sound-responsive, interactive installation Mirror Mirror. Composer and violinist David Schulman and Orange Grove Dance will perform on select dates between July and October. All performances are free and feature lawn seating. Lawn chairs and blankets are encouraged. Leave pets at home. Visit [alexandriava.gov/publicart](http://alexandriava.gov/publicart) for details.

**Performance: Alexandria Symphony Orchestra.** 8 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. The ASO's season opens with music by Wagner, Beethoven and more under the direction of Maestro James Ross featuring soloists Rita Sloan, Nicholas Tavani and Alan Richardson. \$20-\$85 adults, \$5 youth, \$10 students. Visit [www.alexsym.org](http://www.alexsym.org) or call 703-548-0885. ASO musician Gene Pohl's father, Lionel Semiatin, composed Tidbit #1 while fighting on the battlefield at Normandy. \$20-\$85

adults, \$5 youth, \$10 students. Visit [www.alexsym.org](http://www.alexsym.org) or call 703-548-0885.

## SUNDAY/OCT. 6

**Breast Cancer Walk.** 8 a.m.-11 a.m. at Fort Hunt Park, George Washington Parkway. Support the National Breast Center Foundation's 3rd annual Walk to Bust Cancer to increase awareness and celebrate survivorship. 7:30 a.m. check-in, 9 a.m. 1.2 mile walk. Entertainment and activities before and after the walk. Register ahead for planning. \$35. Visit [www.walktobustcancer.org](http://www.walktobustcancer.org) or call 202-309-4026.

**Downton Abbey Tours.** 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) or call 703-548-1789.

**Performance: Alexandria Symphony Orchestra.** 3 p.m. at George Washington Masonic Memorial, 101 Callahan Drive. The ASO's season opens with music by Wagner, Beethoven and more under the direction of Maestro James Ross

featuring soloists Rita Sloan, Nicholas Tavani and Alan Richardson. \$20-\$85 adults, \$5 youth, \$10 students. Visit [www.alexsym.org](http://www.alexsym.org) or call 703-548-0885. ASO musician Gene Pohl's father, Lionel Semiatin, composed Tidbit #1 while fighting on the battlefield at Normandy. \$20-\$85 adults, \$5 youth, \$10 students. Visit [www.alexsym.org](http://www.alexsym.org) or call 703-548-0885.

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## THURSDAY/OCT. 10

**Luncheon: "Fashion in Bloom."** 10 a.m.-1:30 p.m. at the Mount Vernon Country Club, 5111 Old Mill Road. Enjoy a fashion show, luncheon, silent auction and raffle. Yacht Haven Garden Club works to further education in horticulture, floral design and conservation among its members and the surrounding community. \$40. Reservation deadline, Sept. 27. Email [yachthavengardenclubva@gmail.com](mailto:yachthavengardenclubva@gmail.com).

PHOTO COURTESY OF AMERICAN HORTICULTURAL SOCIETY

## FRIDAY/OCT. 11

**Highland Echoes Show.** 7:30-9:30 p.m. at Rachel M. Schlesinger Concert Hall and Arts Center, 4915 East Campus Drive. Highland Echoes is a vocal, musical, and dance journey through Scottish history and culture from the Highlands to America. Featuring "Celtic Album of the Year" recipient Jennifer Licko - the show combines traditional and original music and dance. \$10-\$45. Visit [highlandechoesalexandria.eventbrite.com](http://highlandechoesalexandria.eventbrite.com) for tickets.

## FRIDAY-SUNDAY/OCT. 11-13

**Mount Vernon Fall Wine Festival & Sunset Tour.** 6-9 p.m. at George Washington's Mount Vernon, 3200 Mount Vernon Memorial Highway. Celebrate the history of wine in Virginia at the home of George Washington. Bring a blanket, relax on the east lawn overlooking the scenic Potomac River and enjoy live music while sampling wine from Virginia's wineries. Admission: Friday, \$48; Saturday, \$52; Sunday, \$42. Call 703-780-2000 or visit [mountvernon.org](http://mountvernon.org).

## SATURDAY/OCT. 12

**Portside In Old Town Fall Festival.** At Waterfront Park, 1 King St. Enjoy a day of live music, maritime history, nautical demonstrations and children's activities on the Old Town Alexandria waterfront. Savor local food, beer and wine while experiencing boat building demonstrations from Alexandria Seaport Foundation Apprentices and knot tying from tall ship Providence. Select activities benefit the Alexandria Seaport Foundation's mission to improve the lives of young people through adult mentoring, project-based learning and the craft of wooden boat building. Free admission; food and drink for purchase; fees for some activities. Visit [www.visitalexandriava.com/event/portside-in-old-town-fall-festival/15351/](http://www.visitalexandriava.com/event/portside-in-old-town-fall-festival/15351/) for more.

SEE CALENDAR, PAGE 17

# ENTERTAINMENT

FROM PAGE 16

**Celebration of Service.** 6-9 p.m. at Ft. Belvoir Officers Club. Pastor Floyd C. Hawkins Sr. of Shiloh Church of God in Christ is preparing to celebrate 31 years of leadership and service to his church and community by highlighting those giving back to Fairfax County. The inaugural Floyd C. Hawkins, Sr. Outstanding Leaders in Community Service Award will be presented to: Dr. Nardos King, Bob Diegelman, Velvet Abram, and Victoria Williams. Open to the public. To attend, visit [hawkins31yearsofservice.eventbrite.com](http://hawkins31yearsofservice.eventbrite.com).

## SUNDAY/OCT. 13

**Downton Abbey Tours.** 2-3 p.m. at Lee-Fendall House Museum & Garden, 614 Oronoco St. Explore the surprising connections between people and places of the world of Downton Abbey and those of the Lee-Fendall House through special "Downton Abbey" themed tours of the museum this fall. \$10. Visit [www.leeendallhouse.org](http://www.leeendallhouse.org) or call 703-548-1789.

## THURSDAY/OCT. 17

**Make and Take Lunch Break Social.** 11:30 a.m.-2:30 p.m. at 2425 Eisenhower Ave (on the grassy knoll). Take a real lunch break outside to refuel and recharge with co-workers. Each month a DIY local business will pop-up and offer a themed craft (while supplies last). Email [maurispotts@gmail.com](mailto:maurispotts@gmail.com) or visit [www.FB.com/AlexandriaEcon](http://www.FB.com/AlexandriaEcon).

## TUESDAY/OCT. 22

**Twilight & Tipple Tours.** 6-9 p.m. at Pope-Leighey House, 9000 Richmond Highway. Experience Frank Lloyd Wright's Pope-Leighey House by twilight. This tour series is a rare chance to see one of Wright's houses illuminated against a night sky. Grab a drink, included in the price of the tour ticket, and walk through the house on a leisurely, open house style tour with plenty of time to take stunning photos. \$35. Visit [www.woodlawnpopeleighey.org/](http://www.woodlawnpopeleighey.org/) for more.

## CLASSES & WORKSHOPS

**Community Dance.** 7:30-9:30 p.m. every third Friday at Hollin Hall Senior Center, 1500 Shenandoah Road. Live music. \$4. Call 703-765-4573.

**Life Drawing.** Del Ray Artisans offers a range of open life drawing sessions for anyone to develop life-drawing skills further. Drop-in for the session and bring supplies to draw or paint live models. Fee ranges from \$8-\$12. All skill levels are welcome. Del Ray Artisans is located at 2704 Mount Vernon Ave. visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org) for a schedule.

**The Harmony Heritage Singers** (Mount Vernon Chapter of Barbershop Harmony Society), a daytime, a cappella, Chorus, rehearses on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays, monthly, at Sherwood Hall Regional Library, 2501 Sherwood Hall Lane, 10 a.m.-1 p.m. Newcomers welcome for fun or to book for a performance. visit [www.HHSingers.org](http://www.HHSingers.org), or call Bruce at 703-352-5271.

## MORE ONGOING

**Post-Grad Residency Program.** At the Torpedo Factory Art Center, Alexandria. For the fifth year, the Torpedo Factory Art Center welcomes four emerging artists to participate in the Post-Grad



Revival by Marian Van Landingham.

## Art Exhibit: Revival

While looking at the darkened doorway of the ruins of Ephesus, a Greek city in what is now Turkey, Marian Van Landingham suddenly envisioned a window to the sky and an innate sense of hope and revival. In her studio in Alexandria's Torpedo Factory Art Center, founded by her as an art center in 1974, Van Landingham refines the images that first piqued her interest. Read more about Marian Van Landingham in Living Legends of Alexandria at [alexandrialegends.org/marian-van-landingham/](http://alexandrialegends.org/marian-van-landingham/). The exhibit runs through Sept. 30 in the Van Landingham Gallery, Studio 311 of the Torpedo Factory Art Center, 105 North Union St. Visit [www.torpedofactoryartists.com](http://www.torpedofactoryartists.com) for more.

**Residency Program:** J Houston, Michaela Japoc, Nava Levenson, and Kim Sandara. The jurors were Nicole Dowd, program director at Halcyon Arts Lab, and Leslie Holt, artist and co-director of Red Dirt Studio. This competitive juried program provides three months of exclusive access to a studio in the Art Center. Therein, artists can create and sell work, interact with the public, and connect with other arts professionals. The residency is unique for addressing the critical post-graduation juncture in an emerging artist's career, offering an opportunity for professional development, networking, and a chance to define their practice outside of the academic context. The program culminates in a group exhibition in Target Gallery, the Torpedo Factory's contemporary exhibition space, Nov. 8-Dec. 8.

**Revolutionary War Medals.** Through March 2020 at George Washington's Mount Vernon, 3200 Mount Vernon Highway, Mt. Vernon. Now on view in Mount Vernon's Donald W. Reynolds Education Center is an exhibition featuring 30 rare medals from the American Revolution and the early republic. War and Peace in Miniature: Medals from the American Numismatic Society is an unparalleled collection that highlights the remarkable heroes and events from the Revolutionary War and the new nation's diplomatic endeavors. Visit [mountvernon.org/warandpeace](http://mountvernon.org/warandpeace).

**Tours of the Freedom House Museum.** Saturdays and Sundays, 1-5 p.m. at Freedom House Museum, 1315 Duke St. The Freedom House Museum was once the headquarters and holding pen for the largest domestic slave trading firm in the United States, Franklin and Armfield. The building is currently owned by the Northern Virginia Urban League and together with the Office of Historic Alexandria. Visit the museum in this historic reminder of slavery. Admission is \$5 per person. Tickets can be purchased at the door. Visit [www.alexandriava.gov/Museums](http://www.alexandriava.gov/Museums) for more.

**"Alexandrians Fight the Great War."** Various times at The Lyceum, Alexandria's History Museum, 201

South Washington St. This new exhibition traces the experiences of local people during the first World War. The homes, hospitals, factories and shipyards of wartime Alexandria come back to life through the use of rare images, archival and modern-day video clips, quotes from participants, original objects including weapons, period music, and scale models. Call 703-746-4994 or visit [www.alexandriahistory.org](http://www.alexandriahistory.org).

**"Before the Spirits are Swept Away."** Various times at the Alexandria Black History Museum, 902 Wythe St. This exhibition, featuring 20 of Sherry Sanabria's African American historic site paintings, is made possible by the Sanabria family, who generously donated 23 of her paintings to the Alexandria Black History Museum. These paintings are part of Sanabria's "Sites of Conscience" series, which has as its focus African American heritage, prisons, concentration camps, and mental hospitals. Free, but donations are appreciated. Call 703-746-4356.

**Mercy in Alexandria Walking Tour.** Sundays at 1:30 p.m. at Alexandria visitors Center, 221 King St. Experience an inside access tour of 19th century Alexandria. Inspired by the PBS mini-series "Mercy Street," accompany a trained military historian through Civil War-era Alexandria and learn the actual history behind the TV show. Short tours are \$15, private tours for five are \$149. visit [www.dcmilitarytour.com](http://www.dcmilitarytour.com) for more

**The Lyceum: 175 Years of Local History.** Ongoing, Monday-Saturday 10 a.m.-5 p.m. and Sunday 1-5 p.m. at The Lyceum, 201 S. Washington St. On view in the museum's Coldsmith Gallery, the historical objects and images featured represent The Lyceum, the community at work, and commemorations and celebrations. Throughout the exhibition, visitors are invited to "be the curator" and think about why the various artifacts are in the museum's collection, and about how tangible representatives of the past help tell the story of Alexandria's history. Free. visit [www.alexandriahistory.org](http://www.alexandriahistory.org) for more.

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## Announcements

## Announcements

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## Medicare Is In The House



By KENNETH B. LOURIE

More like in my wallet. After worrying for the past 18 months about possibly losing my health insurance, I finally hit pay dirt – and it didn't hit back.

I have received my Medicare card and after I "disenroll" from my interim "Obama Care" within the next week or so, I will officially join the ranks of the millions who have insured their health – so to speak, with the Federal Government.

No more will I if-and-or-but about hospitals, doctors ("medical" actually) and prescription drugs (parts "A," "B" and "D" for those of you unfamiliar with the alphabet soup). Dental and vision coverage I'm not so sure about, but at present, I can live with the coverage that I know I have now because the worst case scenarios have been addressed.

And, as a former insurance broker, solving and/or protecting against worst case scenarios was always my main concern.

To invoke "Speedy" from those long-ago Alka Seltzer commercials: "Plop, Plop, Fizz, Fizz. Oh, what a relief it is." And even though I'm not plopping or fizzing, I am effervescent nonetheless at my arrival.

Reaching milestones (even destinations, sort of) is a way I've measured and evaluated my cancer experience. Not that I keep a chart or even a calendar with Xs marking the days but "I've looked at life from both sides now" (heck, I've looked at life from all sides now – and in between, too) and my glass is still half full. I remain positive about my negative and despite having never having seen Joni Mitchell in concert (although I did have tickets to see her at Cole Field House in the '70s – once on stage however, she realized she was too sick to perform and stage right she went) occasionally her songs have spoken to me.

Right now, The United States Government is speaking to me in the form of a red, white and blue card. They are telling me that I have made it to the promised land, a land whose existence was proposed in 1965 and which became law in 1966 fulfilling promises made to all Americans who reach age 65 that health insurance is their right and not because they were privileged.

Nevertheless, I feel privileged to be "Medichere." For 10 years, 10 months and 20 days, dating back to late December 2008 when I first experienced the pain in my rib cage which precipitated my visit to the Emergency Room, I have been under the proverbial gun.

Sometimes, it's been holstered. Other times, it's been locked and loaded. So far, no shots have been fired, even though occasionally I've been in very close range.

I can't say for sure whether I thought I'd actually get here, but let's be realistic, we all had our doubts. But now it's time to gear up.

A tremendous weight has been lifted from my shoulders. All I have to do now is live with the fact that I have stage IV, non-small cell lung cancer, an incurable disease if there ever was one. But here I am, alive and reasonably well.

No more will I have to worry about who, what and where I'm going to be treated. From now on, I'm in charge. (Like Charles.) As a result, I feel as if I've regained a little control of my life.

And for a cancer patient originally diagnosed as "terminal," this control is an extraordinarily wonderful feeling.

I wish I could bottle it like "Brighto:" "Brighto, Brighto, makes old bodies new. We'll sell a million bottles, woo, woo, woo, woo, woo, woo." (The Three Stooges in "Dizzy Doctors," 1937.) And that's just the kind of silly enthusiasm I'll need living forward.

Hardly is the lung cancer I have on the run. I wouldn't even say I have it on the walk. A stagger, maybe. (Or maybe that's me who's staggering when I lose my balance because of the neuropathy in my feet.)

Cancer is an adversary unlike any other. It's going to do what it does. I doubt Medicare is going to scare it into remission.

Moreover, my not worrying about having health insurance anymore probably isn't going to have much effect on "the cancer" ("Forrest, Forrest Gump") either. The biggest effect will be on me, emotionally.

I just hope that's enough. Because I'm going to need all the ammunition I can muster.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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FROM PAGE II

professional responders are not immediately available to help. Emphasis on hands-on skill development and Fairfax County protocols and procedures. Instructor will provide syllabus with class schedule at first session. This training does not require any special physical strength or agility. Visit [volunteer.fairfaxcounty.gov/custom/1380/#/opp\\_details/184991](http://volunteer.fairfaxcounty.gov/custom/1380/#/opp_details/184991) to register.

### SATURDAY/OCT. 5

**Mental Health and Wellness Conference.** 8 a.m.-4 p.m. at Fairfax High School. The morning will focus on social and emotional learning, with a keynote address given by Dr. Marc Brackett, founding director of the Yale Center for Emotional Intelligence. A special session for high school students, the Our Minds Matter Teen Summit, will take place in the morning as well. Attendees are encouraged to stay for Inova's Act on Addiction Summit, which will be held from 12:30-4 p.m. Breakfast sessions, exhibit tables, and resources will be available to all attendees throughout the day. Lunch will be provided. Visit [www.fcps.edu/resources/student-safety-and-wellness/mental-health-and-resiliency/mental-health-and-wellness](http://www.fcps.edu/resources/student-safety-and-wellness/mental-health-and-resiliency/mental-health-and-wellness) to register.

### VOLUNTEERS NEEDED

**Assistance League of Northern Virginia,** a volunteer nonprofit, invites community members to join the organization to participate in its Reading Express program. Volunteers provide one-on-one tutoring to first grade students during the school year. To learn more contact VP Membership Mary Gronlund at [gronbiz@aol.com](mailto:gronbiz@aol.com) or Program Coordinator Lynn Barron at [lynnieb517@verizon.net](mailto:lynnieb517@verizon.net).

**United Community** (formerly UCM), with main office located at 7511 Fordson Road, Alexandria, seeks volunteers for Food Pantry assistance, Early Learning Center teacher aides, basic needs counselors, youth tutors and mentors, office administration/data entry, and community outreach. Flexible hours and schedules. Opportunities for all ages to serve, including community service hours. More info at [ucmagency.org/volunteer-opportunities](http://ucmagency.org/volunteer-opportunities) or email [volunteer@ucmagency.org](mailto:volunteer@ucmagency.org).

**Operation Paws for Homes,** a Virginia based 501(c)(3) organization seeks volunteers, especially to foster dogs. See [www.ophrescue.org](http://www.ophrescue.org) for information and all volunteer opportunities.

**RSVP,** a volunteer network for seniors seeking service opportunities in and around Fairfax County, Arlington County and the City of Alexandria, offers a wide array of opportunities for volunteers 55 and older. RSVP volunteers enjoy flexible schedules, free accident and liability insurance while serving, optional mileage and meal reimbursement and are invited to volunteer group projects and social gatherings. To sign up for an upcoming orientation, email Carly Hubicki at [chubicki@volunteerfairfax.org](mailto:chubicki@volunteerfairfax.org) or call RSVP at 703-403-5360. To learn more about RSVP, visit [www.rsvpnova.org](http://www.rsvpnova.org).

**Line Dance Instructor needed** for the Gum Springs Senior Program once a week on either Tuesday, Wednesday or Thursday. Volunteer Solutions, call 703-324-5406, TTY 711.

**Volunteer Fairfax** makes it easy for individuals and families, youth and seniors, corporate groups and civic clubs to volunteer. Fulfill hours, give back, or pay it forward through a variety of service options. Visit [www.volunteerfairfax.org](http://www.volunteerfairfax.org) or call 703-246-3460.

**STEM VOLUNTEERS.** The American Association for the Advancement of Science (AAAS) needs scientists, engineers, mathematicians, and physicians to assist K-12 STEM (Science, Technology, Engineering, Mathematics) teachers in the Northern Virginia Area, during the 2016-17 school year. In the 2015-16 school year, the numbers of STEM volunteers in Northern Virginia were: Fairfax County - 40, Arlington - 20, and Alexandria - one. Details of the collaboration are worked out between the teacher and the volunteer, and may involve giving demonstrations, assisting in lab experiments, lecturing on special topics, assisting with homework, etc. The hours are flexible, and volunteers attend a one-day training in September before being assigned to schools. To see how volunteers are assisting their teachers, view the video clips at [www.seniorscientist.org](http://www.seniorscientist.org). To volunteer, contact [donaledge@aol.com](mailto:donaledge@aol.com).

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**CHECK ENGINE  
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WE WILL RETRIEVE  
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Have Your Vehicle Checked  
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**\$34<sup>95</sup>** SYNTHETIC

Includes: Genuine Toyota oil filter, up to 5 qts of conventional oil\*, inspect windshield wipers, check tire condition, check battery (with print-out), inspect and adjust all fluid levels, inspect air & cabin air filters.

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**BRAKE SPECIAL**  
**\$79<sup>95</sup>**

Includes: Install Genuine Toyota front brake pads, inspect front & rear rotors & drums, check tire condition and inspect all hardware. Pads only.  
MACHINE ROTORS ADDITIONAL

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**SIGHT LINE  
WIPER BLADES**  
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**FREE  
BATTERY CHECK-UP**  
Check cold cranking amps and visual inspection of battery condition. Includes battery condition print out.

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**TRUESTART™ BATTERIES**

**SPECIAL OFFER** **\$129<sup>95</sup>**  
INCLUDES BATTERY INSTALLATION  
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**ALIGNMENT SPECIAL**  
**\$69<sup>95</sup>**

Your car's alignment suffers, and can cause uneven tire wear and steering problems.  
**INCLUDES:** Inspect suspension, ball joints, struts & shocks, tire condition and set tire pressure.

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**\$15.00 OFF** when you spend \$100.00 - \$199.99  
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**\$45.00 OFF** when you spend \$300.00 - \$399.99  
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**\$129<sup>95</sup>**

Includes: Replace cabin air filter, and Toyota Evaporator Service using anti-bacterial foam cleanser and odor eliminator. Bring back that new car smell!

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## SPOTLIGHT LISTING! | 3249 Woodland Ln | \$1,060,000



### OPEN SUNDAY 1-4PM!

**Stunning opportunity! Custom home by Wakefield Homes, the area's leading luxury home builder. No expense was spared in this estate caliber property which was built with numerous upgrades and expanded floor plan. Special features include: stunning bright and open floor plan, 2 story entry foyer and family room, Chef's kitchen open to family room, huge master suite, gorgeous hardwood floors, finished lower level w/ full walk out, side load 2 car garage. Gorgeous setting on half acre lot in neighborhood with community access to Little Hunting Creek. Same home build today would cost thousands more!**



**4296 Neitzey Pl  
\$1,850,000**

Truly spectacular estate in premier setting near the river in prestigious Oxford on the Potomac. Custom home capitalizes on its location with soaring high ceilings, glass walls and multi-level decks designed to capture sweeping views of the river & adjoining

wooded areas. Special features include: multi-story entry foyer, grand room sizes, elegant interior finishes, elevator, truly breathtaking master suite with dramatic river views, and his & hers private baths. Nothing was spared in creating this unique, one of a kind masterpiece!

**POTOMAC RIVER VIEWS!**



**1804 Whiteoaks Dr  
\$949,900**

Classic exterior with truly stunning open interior combined with gorgeous elevated 3/4 acre wooded setting just minutes from Old Town. One of the most unique and exciting opportunities in recent years! Special features include: Chef's kitchen with custom cabinetry and top of the line appliances including "Viking" cook top,

gorgeous refinished hardwoods, expanded family room and main level Master suite lead to truly spectacular solanum with custom endless lap pool. Expansive glass doors from family room and pool area open to massive stone patio creating exceptional flow for indoor/outdoor entertaining. 3 Main level bedrooms and upper level private suite, basement with gas fireplace and bar. 2 car garage & gravel circle drive provides ample parking. This special property with its spa like private environment is more than just a residence. This home provides a complete lifestyle experience!

**INDOOR POOL!**



**4401 Ferry Landing Rd**

Most house for the \$ in fabulous Yacht Haven Estates! Classic Mid-Century charm. Features: open floor plan, large room sizes and expansive walls of glass to bring the natural beauty of the grounds to every corner of the home. Exceptionally spacious with two full finished levels, 4 BR's, 3 Full BA's, 2 FP's, all glass thermal replacement windows, gorgeous .5 acre lot, walk to river and MV Yacht Club

**COMING SOON!**



**4749 Neptune Dr  
\$995,000**

Significant price adjustment! A true estate caliber property! Spacious custom home nestled on beautifully manicured 3/4 acre grounds near river in prestigious Yacht Haven Estates! Home was carefully crafted with extensive covered verandas and elevated decks to capitalize on the privacy and serenity provided by

gorgeous large wooded and lush environment. The home's special featured include: 3 beautifully finished levels, 5 Bedrooms, stately living and dining rooms, large family room with fireplace, and stunning custom chef's kitchen. Numerous glass doors lead from major rooms to outside verandas, ideal for entertaining! Lot is large enough to accommodate spacious custom pool + extensive grassy area. Unique property providing character & graciousness that would be very difficult to

**POTOMAC RIVER VIEWS!**



**9316 Old Mansion Rd  
\$950,000**

Totally unique location. One of the few area properties that provides direct Potomac river views. Enjoy the same sweeping river views that George Washington did from Mt. Vernon Estate which is just upriver from this special property! Other special features include:

beautifully manicured grounds backing to private parkland with community path leading to river. The home is an attractive three level colonial featuring 3 levels, 4 bedrooms on upper level, bright white kitchen, two car garage, walk out lower level and large deck providing elevated private views of woods and river. A true natural wonderland!

**POTOMAC RIVER VIEWS!**



**9003 Patton Blvd  
\$589,500**

Finally - the one you've been waiting for! A fabulous property priced in the \$500k's! Amazing opportunity to acquire this spacious rambler in premier setting on half acre lot overlooking the rolling grounds of the Mt. Vernon Country Club.

Numerous special features include updated kitchen & baths, hardwood floors, 4 BR's, finished lower level, and covered parking for 1 car + storage. Unique combination of size, features and prime location make this one of the area's best values!

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